

Exploratory Factor Analysis

- Exploratory Factor Analysis: Why and When?
- Underlying Conceptual/Mathematical Model
- Running an EFA

What is Factor Analysis?

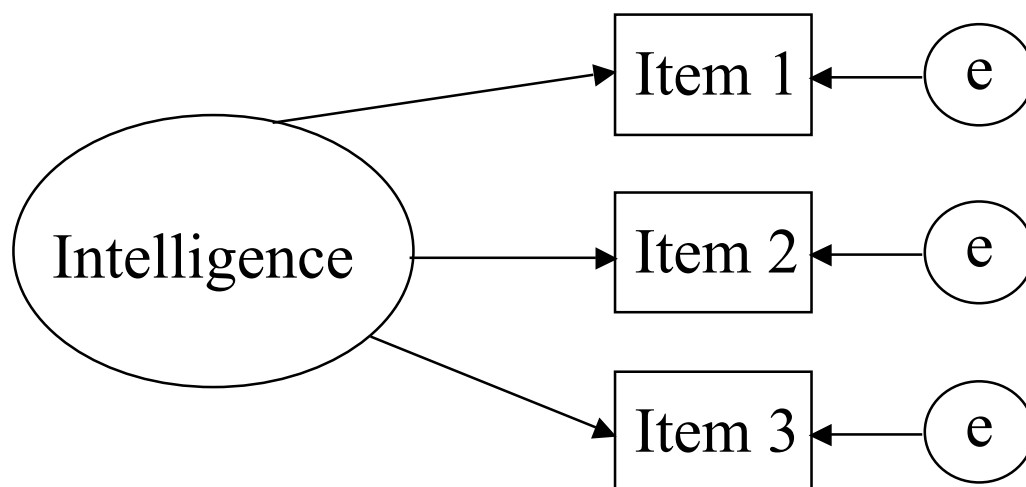
- Set of related techniques
 - » principal components analysis
 - » exploratory factor analysis
 - » confirmatory factor analysis
- Common objective: identify factors (new, hypothetical variables) or components that represent relationships among sets of variables
- Examples
 - » Personality/psychopathology (MMPI: 550 items represented as 10 scales)
 - » Social (RMA: 19 items, 1 factor)
 - » Developmental (MIDI: comprehension, language, fine motor, gross motor, personal-social)

Goals of Factor Analysis

- Data reduction: represent most of the variance in a set of variables using a smaller number of (hypothetical) variables
- Analyze associations (see which variables "hang together")
- Test hypotheses
 - » about dimensionality (e.g., are masculinity/femininity two constructs or two poles of one construct?)
 - » about measurement invariance (e.g., are sub-types of depression the same in different cultures?)
- Scale/test construction

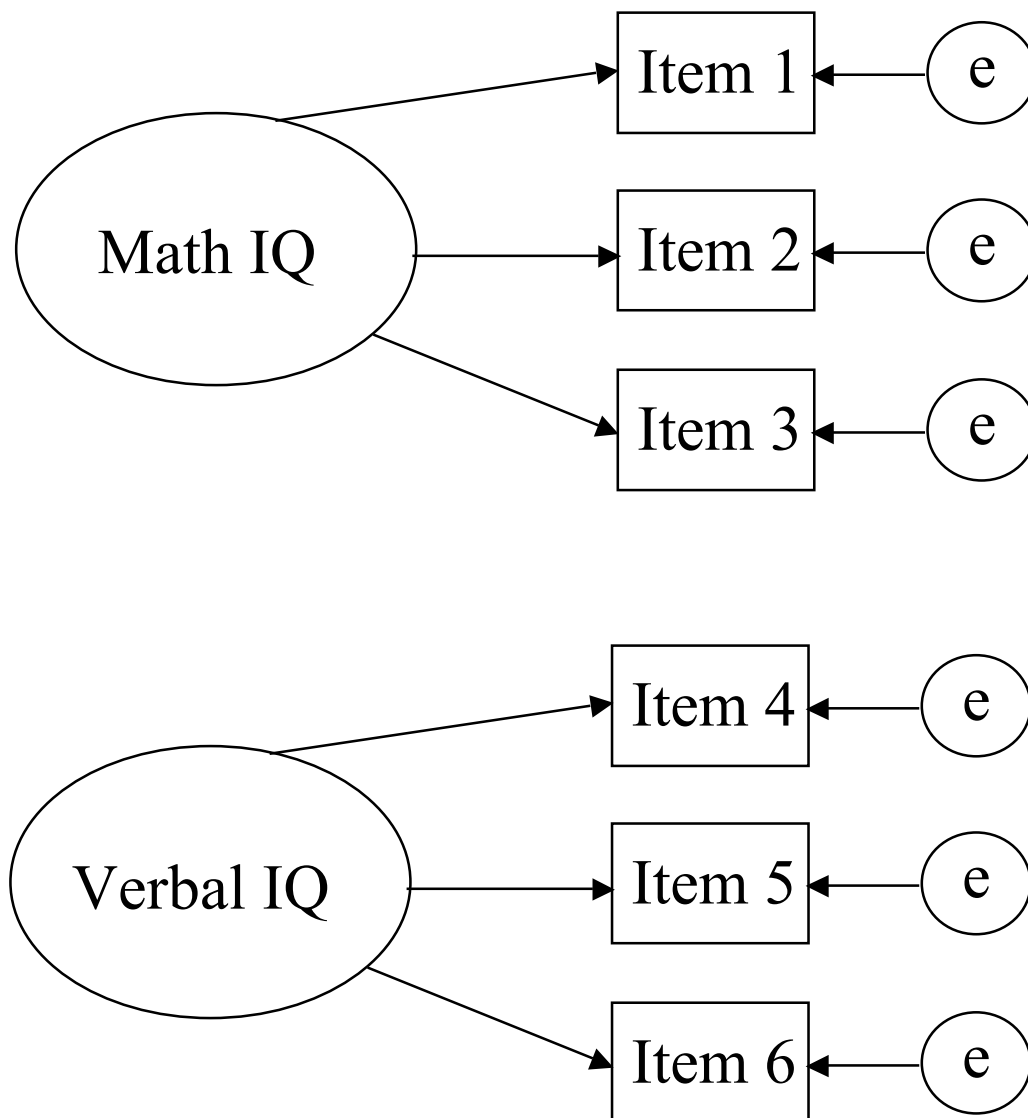
Conceptual Model

- Psychometric theory developed for research on intelligence testing
- "Intelligence" is the variable of interest, but it can't be measured directly
 - » "latent" or "unobserved" or "unmeasured"
- Responses on intelligence test (e.g., SAT) are "indicators" of intelligence
 - » "manifest" or "measured" variables
- Called the "common factor model"



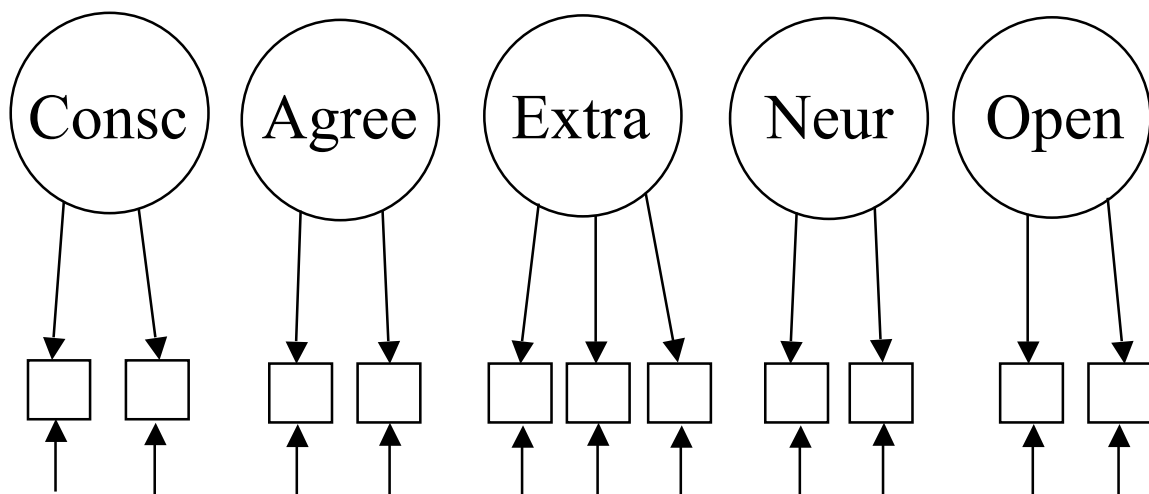
Multi-Factor Models

- Can easily generalize to more than one factor



Exploratory FA

- In exploratory FA, we typically don't know how many factors, or which items are indicators for which factor
- Example: trait theories of personality
 - » factor analysis of all adjectives in the lexicon that describe personality
- But, our underlying assumption is still that the factors cause the indicators to take on certain values



Example: Emotions

- 37 emotion adjectives
 - » "How much of this feeling are you experiencing right now?"
 - » 1-7 scale
- Don't want to have 37 IVs (or DVs)
- Can we create a smaller set of new variables that will capture most of the information in these 37 variables?

Correlation matrix

- We may be able to -- if there is some structure in the correlation matrix
- Sets of variables that correlate highly with each other, but much less so with other variables

Correlations

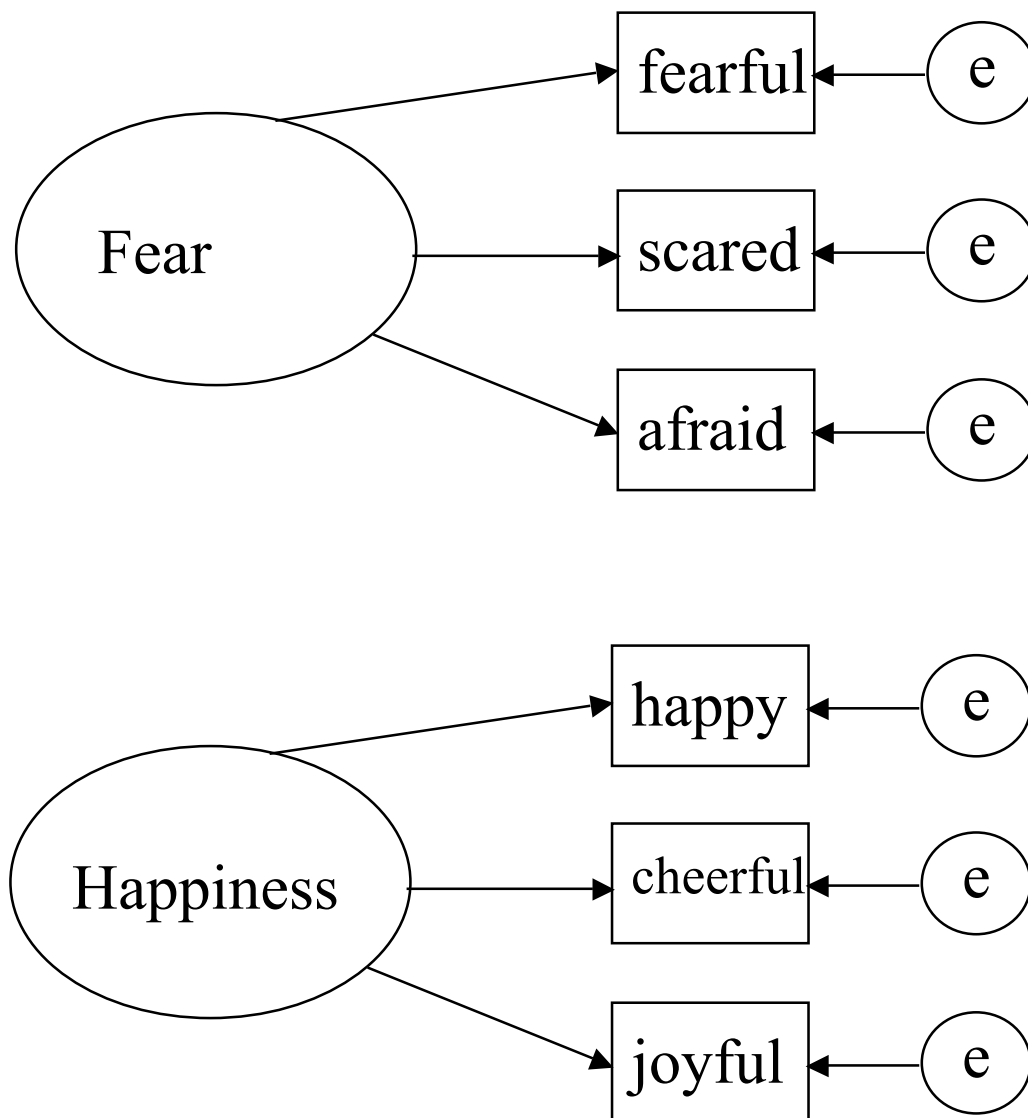
| | | POWEM9 fearful | POWEM28 scared | POWEM32 afraid | POWEM31 happy | POWEM34 cheerful | POWEM 3 7 joyful |
|----------|---------------------|-------------------|-------------------|-------------------|------------------|---------------------|---------------------|
| fearful | Pearson Correlation | 1 | .750** | .726** | -.238* | -.142 | -.130 |
| | Sig. (2-tailed) | . | .000 | .000 | .027 | .192 | .233 |
| | N | 87 | 87 | 87 | 86 | 86 | 86 |
| scared | Pearson Correlation | .750** | 1 | .840** | -.196 | -.184 | -.026 |
| | Sig. (2-tailed) | .000 | . | .000 | .070 | .090 | .811 |
| | N | 87 | 87 | 87 | 86 | 86 | 86 |
| afraid | Pearson Correlation | .726** | .840** | 1 | -.167 | -.109 | -.056 |
| | Sig. (2-tailed) | .000 | .000 | . | .125 | .319 | .611 |
| | N | 87 | 87 | 87 | 86 | 86 | 86 |
| happy | Pearson Correlation | -.238* | -.196 | -.167 | 1 | .815** | .733** |
| | Sig. (2-tailed) | .027 | .070 | .125 | . | .000 | .000 |
| | N | 86 | 86 | 86 | 86 | 86 | 86 |
| cheerful | Pearson Correlation | -.142 | -.184 | -.109 | .815** | 1 | .690** |
| | Sig. (2-tailed) | .192 | .090 | .319 | .000 | . | .000 |
| | N | 86 | 86 | 86 | 86 | 86 | 86 |
| joyful | Pearson Correlation | -.130 | -.026 | -.056 | .733** | .690** | 1 |
| | Sig. (2-tailed) | .233 | .811 | .611 | .000 | .000 | . |
| | N | 86 | 86 | 86 | 86 | 86 | 86 |

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

Common Factor Model of Emotions

- Underlying structure assumed



Steps in EFA

- Selecting variables/items
- Preparing/checking correlation matrix
- **Extracting factors**
- **Determining the number of factors**
- **Rotating factors**
- **Interpreting results**
- Verify structure by establishing construct validity

Extracting Factors

- Variable is a linear combination of factors
 - » e.g., $\text{fearful} = B1*\text{fear} + B2*\text{Happiness} + U_{\text{fearful}}$
- Want linear combinations that will account for as much of the variance in sample as possible
 - » in output, everything is standardized
 - » variance of each variable = 1
 - » so total variance = number of variables
 - » here, total variance = 6.0

Extracting Factors

- Goal of factor extraction is to determine the factors
- Factors are estimated as linear combinations of variables
 - » e.g. $\text{Fear} = B1 * \text{fearful} + B2 * \text{scared} + B3 * \text{afraid} + B4 * \text{happy} + B5 * \text{cheerful} + B6 * \text{joyful}$
 - » hopefully, only a few of these coefficients will be large
 - » e.g., B1, B2, B3 large; B4, B5, B6 close to zero
- Variety of methods for estimation
- Several of the most popular try to maximize the variance explained at each step

Principal Components Analysis

- First factor extracted in such a way as to explain the maximum amount of variance
- Second factor explains the maximum amount of the variance that is left
 - » must be orthogonal to first factor because it's trying to explain the residual variance -- what doesn't overlap with the just-extracted Factor 1
- Linear function (or principal component) is represented as an *eigenvector*
 - » vector of numbers; numbers = coefficients in the linear equation
- Variance explained by that linear combination is the *eigenvalue*

PCA of Emotions: 1st component

Component Matrix^a

| | Component | | | | | |
|------------------|-----------|------|------------|------------|------------|-----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| POWEM9 fearful | .727 | .516 | .294 | .335 | 5.319E-02 | 6.707E-02 |
| POWEM28 scared | .733 | .589 | -.189 | -6.609E-02 | .113 | -.250 |
| POWEM32 afraid | .707 | .605 | -4.427E-02 | -.281 | -.134 | .188 |
| POWEM31 happy | -.739 | .574 | 8.067E-02 | -.130 | .307 | 8.564E-02 |
| POWEM34 cheerful | -.686 | .607 | .304 | -7.668E-02 | -.204 | -.145 |
| POWEM37 joyful | -.601 | .655 | -.373 | .240 | -9.954E-02 | 5.792E-02 |

Extraction Method: Principal Component Analysis.

a. 6 components extracted.

- $PC1 = .727 * \text{fearful} + .733 * \text{scared} + .707 * \text{afraid} - .739 * \text{happy} - .686 * \text{cheeful} - .601 * \text{joyful}$
- $\text{Variance explained} = .727^2 + .733^2 + .707^2 + (-.739)^2 + (-.686)^2 + (-.601)^2 = 2.94$
- $\% \text{ variance explained} = 2.94 / 6.0 = 49.1\%$

PCA of Emotions: 2nd component

Component Matrix^a

| | Component | | | | | |
|------------------|-----------|------|------------|------------|------------|-----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| POWEM9 fearful | .727 | .516 | .294 | .335 | 5.319E-02 | 6.707E-02 |
| POWEM28 scared | .733 | .589 | -.189 | -6.609E-02 | .113 | -.250 |
| POWEM32 afraid | .707 | .605 | -4.427E-02 | -.281 | -.134 | .188 |
| POWEM31 happy | -.739 | .574 | 8.067E-02 | -.130 | .307 | 8.564E-02 |
| POWEM34 cheerful | -.686 | .607 | .304 | -7.668E-02 | -.204 | -.145 |
| POWEM37 joyful | -.601 | .655 | -.373 | .240 | -9.954E-02 | 5.792E-02 |

Extraction Method: Principal Component Analysis.

a. 6 components extracted.

- $PC2 = .516 * \text{fearful} + .589 * \text{scared} + .605 * \text{afraid} + .574 * \text{happy} + .607 * \text{cheeful} + .655 * \text{joyful}$
- $\text{Variance explained} = .516^2 + .589^2 + .605^2 + .574^2 + .607^2 + .655^2 = 2.106$
- $\% \text{ variance explained} = 2.106 / 6.0 = 35.1\%$

Table of Eigenvalues

- cf. SPSS summary of eigenvalues

Total Variance Explained

| Component | Initial Eigenvalues | | | Extraction Sums of Squared Loadings | | |
|-----------|---------------------|---------------|--------------|-------------------------------------|---------------|--------------|
| | Total | % of Variance | Cumulative % | Total | % of Variance | Cumulative % |
| 1 | 2.942 | 49.033 | 49.033 | 2.942 | 49.033 | 49.033 |
| 2 | 2.106 | 35.102 | 84.135 | 2.106 | 35.102 | 84.135 |
| 3 | .362 | 6.035 | 90.170 | .362 | 6.035 | 90.170 |
| 4 | .276 | 4.599 | 94.768 | .276 | 4.599 | 94.768 |
| 5 | .179 | 2.991 | 97.759 | .179 | 2.991 | 97.759 |
| 6 | .134 | 2.241 | 100.000 | .134 | 2.241 | 100.000 |

Extraction Method: Principal Component Analysis.

Extraction and Parsimony

- Note that if we continue to extract components, we will eventually explain all of the variance
- However, we will have gained no parsimony
 - » we now have 6 components instead of 6 variables
- But the six components are uncorrelated
 - » this is sometimes useful
 - » eliminate multicollinearity, confounding
- Usually, though we want to reduce the number of variables
 - » SPSS menu label for factor is "Data Reduction"

Number of Components

- Recall that each variable has a variance of 1.0
- Thus, explaining one unit of variance doesn't "buy" us anything -- we could do this well just by using a variable
- May be reasonable to extract only those components that do better than this, in explaining variance
 - » "Kaiser method"
- Here, 2 components do so

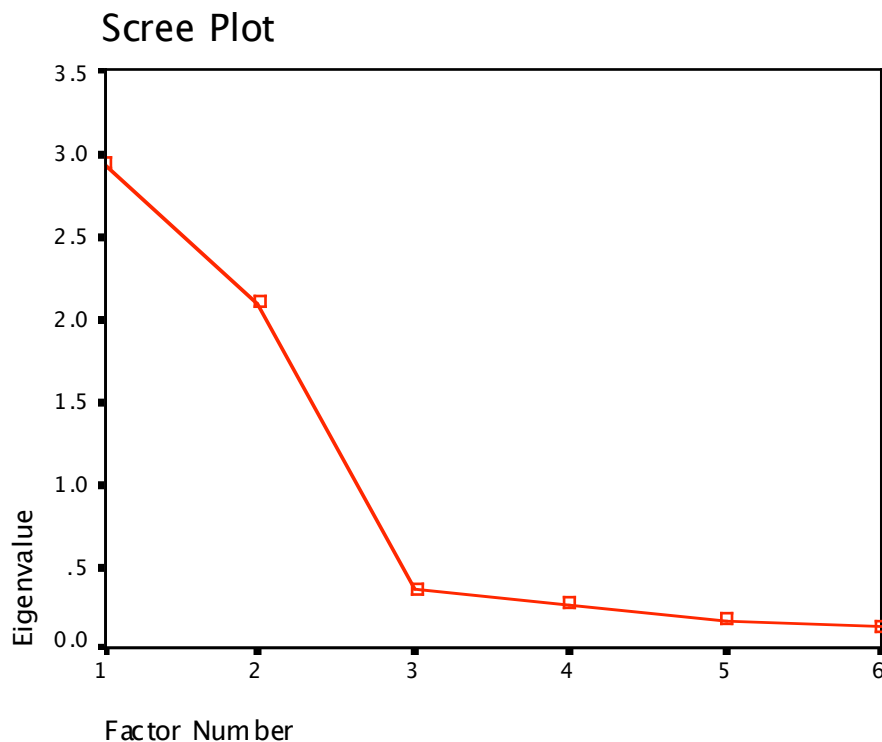
Total Variance Explained

| Component | Initial Eigenvalues | | | Extraction Sums of Squared Loadings | | |
|-----------|---------------------|---------------|--------------|-------------------------------------|---------------|--------------|
| | Total | % of Variance | Cumulative % | Total | % of Variance | Cumulative % |
| 1 | 2.942 | 49.033 | 49.033 | 2.942 | 49.033 | 49.033 |
| 2 | 2.106 | 35.102 | 84.135 | 2.106 | 35.102 | 84.135 |
| 3 | .362 | 6.035 | 90.170 | .362 | 6.035 | 90.170 |
| 4 | .276 | 4.599 | 94.768 | .276 | 4.599 | 94.768 |
| 5 | .179 | 2.991 | 97.759 | .179 | 2.991 | 97.759 |
| 6 | .134 | 2.241 | 100.000 | .134 | 2.241 | 100.000 |

Extraction Method: Principal Component Analysis.

Scree Plot

- Another method (from Cattell) is to look for the bend in a "scree plot"
- Plots eigenvalues on Y axis, from biggest to smallest



Output for 2 Components

- Request extraction of 2 components
 - » Output very similar, but now we can only approximate scores on the variables, we cannot reproduce them exactly
 - » That's ok -- we're still explaining 84% of the variance, and more parsimoniously

Component Matrix^a

| | Component | |
|------------------|-----------|------|
| | 1 | 2 |
| POWEM9 fearful | .727 | .516 |
| POWEM28 scared | .733 | .589 |
| POWEM32 afraid | .707 | .605 |
| POWEM31 happy | -.739 | .574 |
| POWEM34 cheerful | -.686 | .607 |
| POWEM37 joyful | -.601 | .655 |

Extraction Method: Principal Component Analysis.

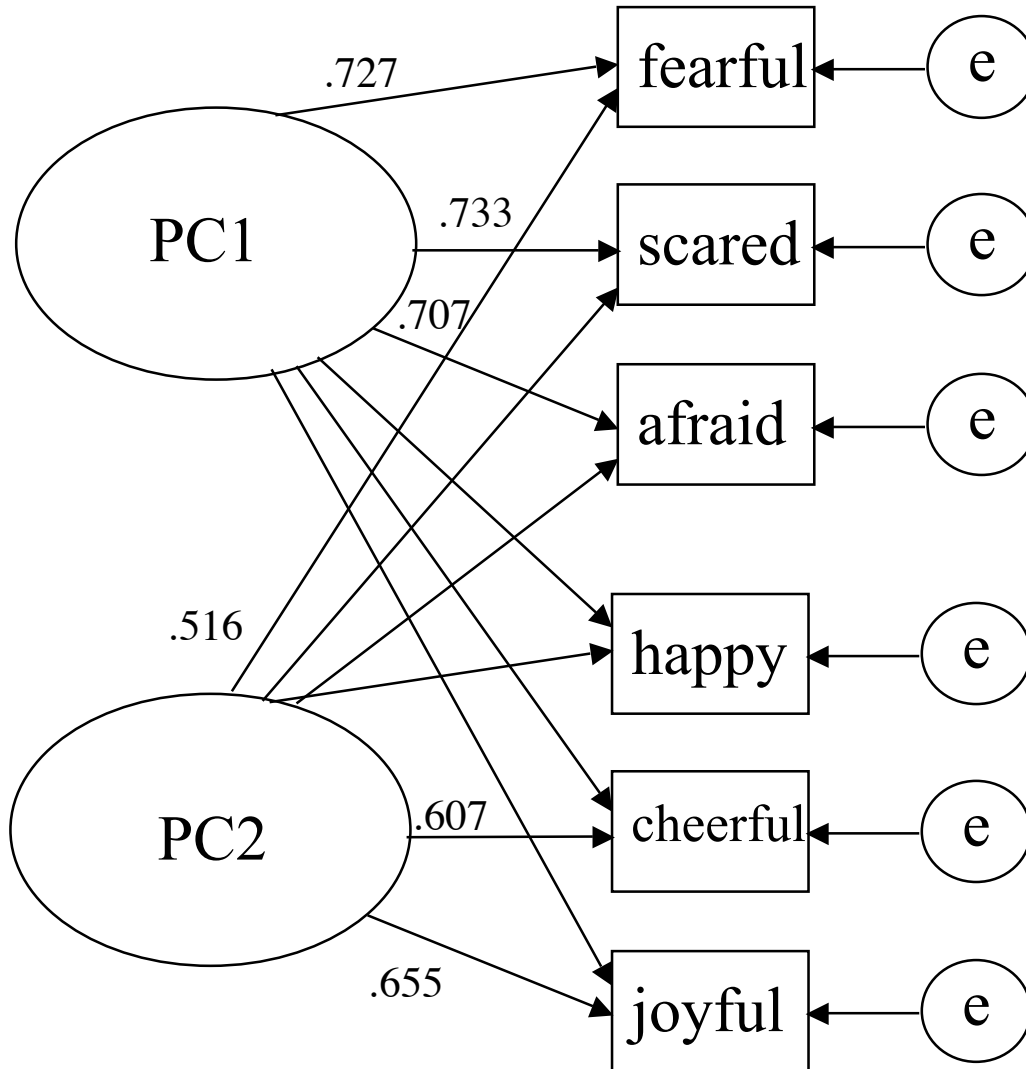
a. 2 components extracted.

Total Variance Explained

| Component | Initial Eigenvalues | | | Extraction Sums of Squared Loadings | | |
|-----------|---------------------|---------------|--------------|-------------------------------------|---------------|--------------|
| | Total | % of Variance | Cumulative % | Total | % of Variance | Cumulative % |
| 1 | 2.942 | 49.033 | 49.033 | 2.942 | 49.033 | 49.033 |
| 2 | 2.106 | 35.102 | 84.135 | 2.106 | 35.102 | 84.135 |
| 3 | .362 | 6.035 | 90.170 | | | |
| 4 | .276 | 4.599 | 94.768 | | | |
| 5 | .179 | 2.991 | 97.759 | | | |
| 6 | .134 | 2.241 | 100.000 | | | |

Extraction Method: Principal Component Analysis.

Interpreting Components



Component Matrix^a

| | Component | |
|------------------|-----------|------|
| | 1 | 2 |
| POWEM9 fearful | .727 | .516 |
| POWEM28 scared | .733 | .589 |
| POWEM32 afraid | .707 | .605 |
| POWEM31 happy | -.739 | .574 |
| POWEM34 cheerful | -.686 | .607 |
| POWEM37 joyful | -.601 | .655 |

Extraction Method: Principal Component Analysis.

a. 2 components extracted.

What do the components mean?

- If we tried to interpret the PC eigenvectors, we might say
 - » PC1 is negative affect
 - because high weights for negative emotions and low weights for positive emotions
 - » PC2 is general emotionality
 - because moderately high weights for everything

Component Matrix^a

| | Component | |
|------------------|-----------|------|
| | 1 | 2 |
| POWEM9 fearful | .727 | .516 |
| POWEM28 scared | .733 | .589 |
| POWEM32 afraid | .707 | .605 |
| POWEM31 happy | -.739 | .574 |
| POWEM34 cheerful | -.686 | .607 |
| POWEM37 joyful | -.601 | .655 |

Extraction Method: Principal Component Analysis.

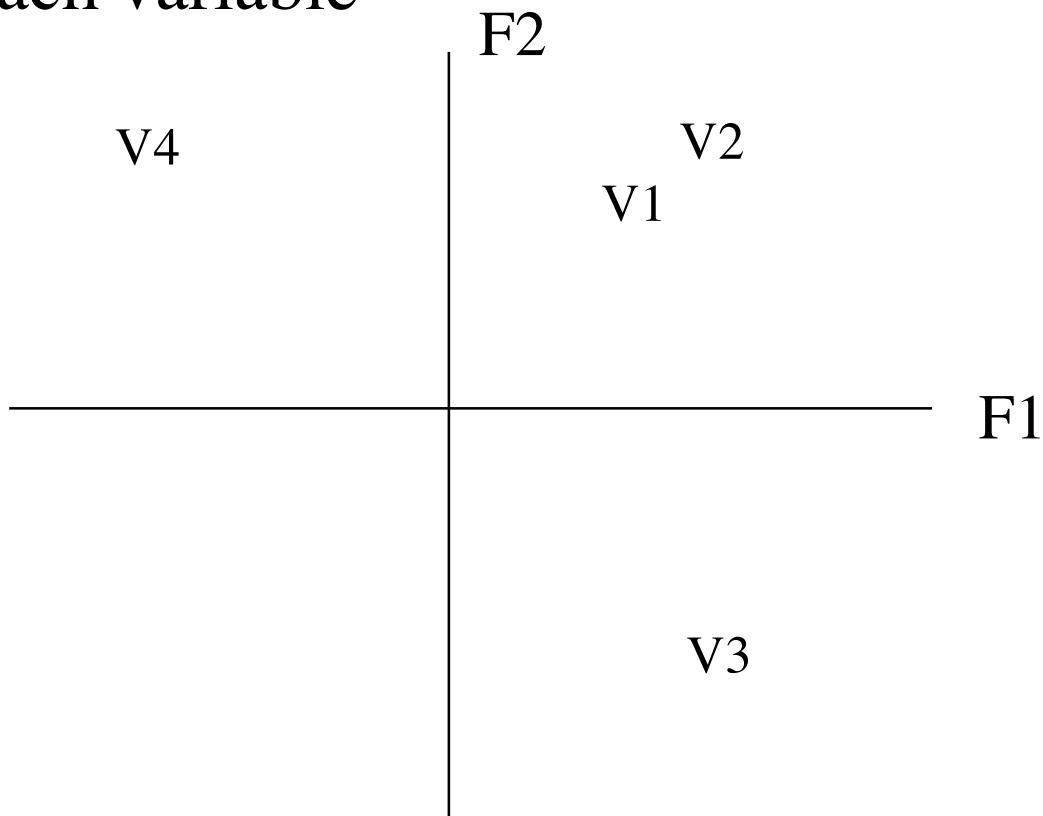
a. 2 components extracted.

What do the components mean?

- But it doesn't make sense to interpret these components
- Infinite number of equivalent sets of eigenvectors
- These particular ones are a result of our extraction strategy (i.e., maximize variance explained) and are in some sense arbitrary
- More meaningful alternatives exist
- These can be found via rotation

Rotation

- General idea: Make factors more interpretable
- Ideal: Each variable has high loading on one factor; negligible loadings on other factors
 - » "simple structure"
- To visualize, plot factor loadings for each variable



Rotation - Emotions

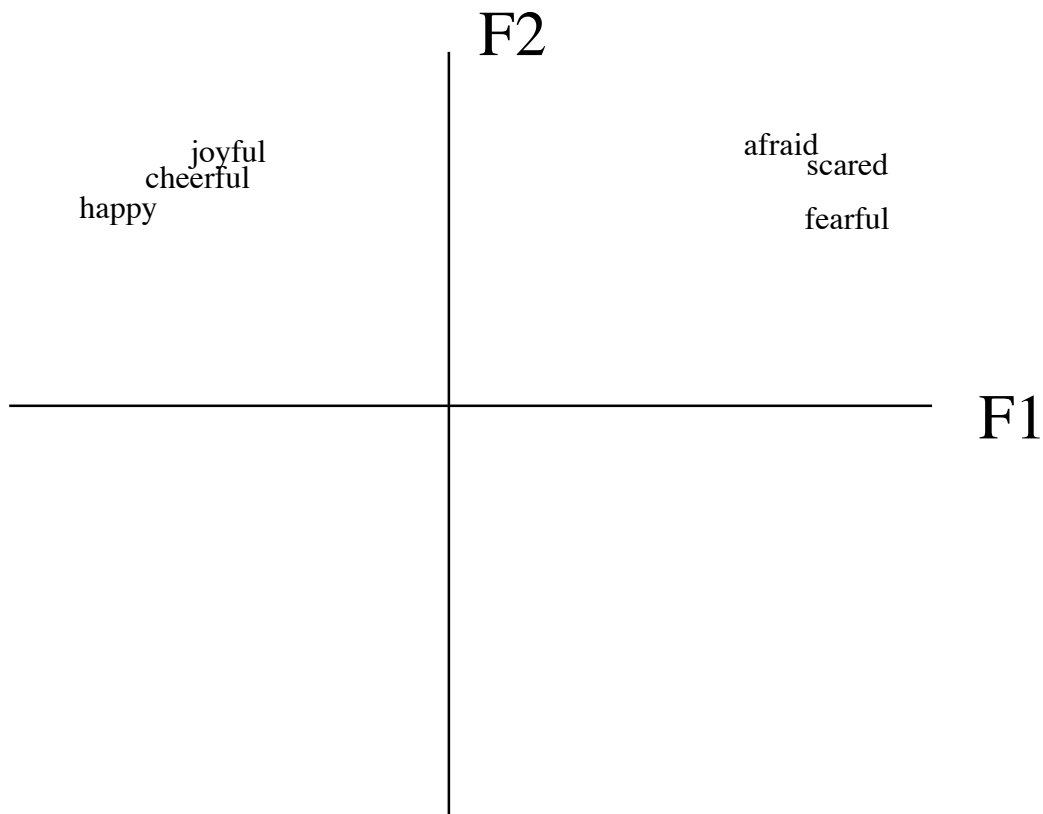
- We don't have simple structure

Component Matrix^a

| | Component | |
|------------------|-----------|------|
| | 1 | 2 |
| POWEM9 fearful | .727 | .516 |
| POWEM28 scared | .733 | .589 |
| POWEM32 afraid | .707 | .605 |
| POWEM31 happy | -.739 | .574 |
| POWEM34 cheerful | -.686 | .607 |
| POWEM37 joyful | -.601 | .655 |

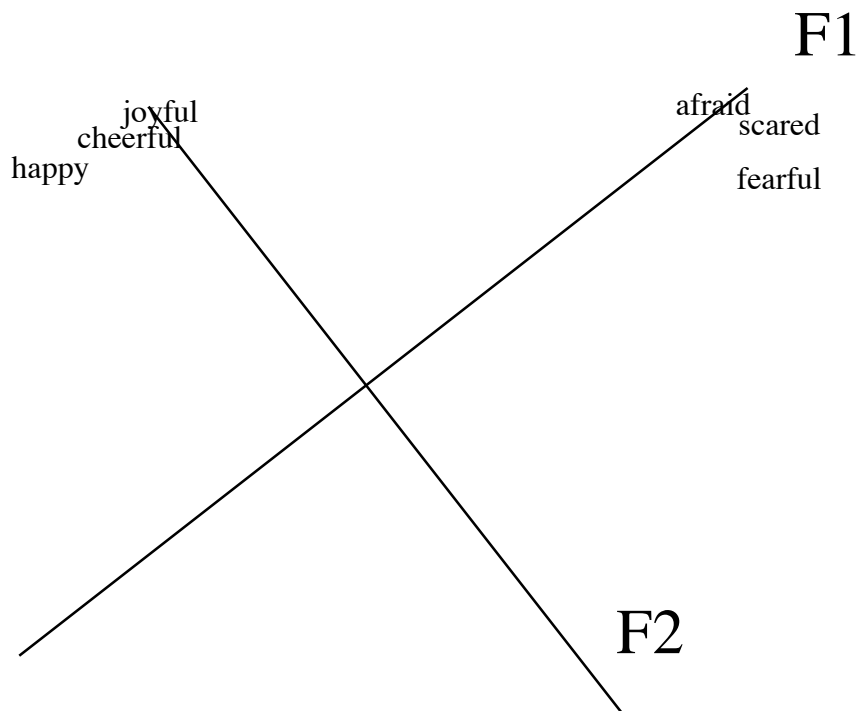
Extraction Method: Principal Component Analysis.

a. 2 components extracted.



Rotation - Emotions

- But we can obtain it by rotating the axes
- Now, F1 = fear and F2 = happiness
- We have simple structure
- Factors are interpretable



SPSS output

Rotated Factor Matrix^a

| | Factor | |
|------------------|------------|------------|
| | 1 | 2 |
| POWEM9 fearful | .796 | -.121 |
| POWEM28 scared | .931 | -6.938E-02 |
| POWEM32 afraid | .899 | -4.178E-02 |
| POWEM31 happy | -.147 | .922 |
| POWEM34 cheerful | -9.116E-02 | .867 |
| POWEM37 joyful | -8.549E-03 | .795 |

Extraction Method: Principal Axis Factoring.

Rotation Method: Varimax with Kaiser Normalization.

a. Rotation converged in 3 iterations.

Factor Plot in Rotated Factor Space

