

## Review

## Specialized pro-resolving lipid mediators in the inflammatory response: An update

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## ABSTRACT

A new genus of specialized pro-resolving mediators (SPM) which include several families of distinct local mediators (lipoxins, resolvins, protectins, and maresins) are actively involved in the clearance and regulation of inflammatory exudates to permit restoration of tissue homeostasis. Classic lipid mediators that are temporally regulated are formed from arachidonic acid, and novel local mediators were uncovered that are biosynthesized from  $\omega$ -3 poly-unsaturated fatty acids, such as eicosapentaenoic acid, docosapentaenoic acid and docosahexaenoic acid. The biosynthetic pathways for resolvins are constituted by fatty acid lipoxygenases and cyclooxygenase-2 via transcellular interactions established by innate immune effector cells which migrate from the vasculature to inflamed tissue sites. SPM provide local control over the execution of an inflammatory response towards resolution, and include recently recognized actions of SPM such as tissue protection and host defense. The structural families of the SPM do not resemble classic eicosanoids (PG or LT) and are novel structures that function uniquely via pro-resolving cellular and molecular targets. The extravasation of inflammatory cells expressing SPM biosynthetic routes are matched by the temporal provision of essential fatty acids from circulation needed as substrate for the formation of SPM. The present review provides an update and overview of the biosynthetic pathways and actions of SPM, and examines resolution as an integrated component of the inflammatory response and its return to homeostasis via biochemically active resolution mechanisms.

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## 1. The inflammatory response

The inflammatory response is a local reaction of the vasculature towards a disturbance of tissue homeostasis incurred by damage to tissue structure and infection [1–3]. Changes in local blood vessel perfusion and permeability permit the directional extravasation of circulating leukocytes that achieve tissue disinfection, and of a range of plasma proteins which play distinct roles in regulating the inflammatory process. Structural alterations of tissue structure that activate the inflammatory response can be brought about by a variety of energetic interactions between a tissue and an exogenous force that tears, shears, or wears on its integrity, e.g. radiation (sunlight), heat (a burn), a cut (a bite), enzymatic proteolysis (some allergens), and

chemical modification. Superimposed infections by exogenous microorganisms are sensed by an array of innate immune receptors (toll-like receptors and C-type lectins), triggering the mounting of a granulocyte-dominated acute inflammatory response, as well as by adaptive immune responses that are appropriate for elimination of the inciting stimulus [4–7].

Exposure to noxious insults and infections is effectively minimized by learned behavior, through involuntary local and centrally mediated neural reflexes, and by conscious avoidance following their sensation. If tissue integrity is breached regardless, the inflammatory response is activated rapidly (within minutes). The principal objectives of this response are the delivery of blood-borne phagocytes (neutrophils and monocytes) to the affected tissue in order to increase the local tissue concentration of cells that can remove the inciting tissue-damaging stimulus, as well as the regulation of antigen-specific adaptive immune responses [8,9]. The directed migration of blood-borne leukocytes to the inflammatory locus, a transient increase in vascular permeability which facilitates plasma exudation, and phagocytosis of microbes and dying cells are central events during the pro-inflammatory phase of the inflammatory response (Fig. 1) [8,10,11]. Of importance, the acute inflammatory response is self-limiting and in a normal course of events should lead to complete tissue restoration and homeostasis. Specific pathogen-mediated modulation of the host immune response, unrelenting exposure to inflammatory stimuli, and molecular defects in the inflammatory response can redirect the

**Abbreviations:** AA, arachidonic acid; ATL, aspirin-triggered lipoxin; AT-RvD, aspirin-triggered D-series resolvin; DHA, docosahexaenoic acid; EPA, eicosapentaenoic acid; FA, fatty acid; I/R, ischemia/reperfusion; LT, leukotriene; LTB<sub>4</sub>, leukotriene B<sub>4</sub> (5S,12R-dihydroxy-eicosa-6Z,8E,10E,14Z-tetraenoic acid); LXA<sub>4</sub>, lipoxin A<sub>4</sub> (5S,6R,15S-trihydroxy-eicosa-7E,9E,11Z,13E-tetraenoic acid); LXB<sub>4</sub>, lipoxin B<sub>4</sub> (5S,14R,15S-trihydroxy-eicosa-6E,8Z,10E,12E-tetraenoic acid); MaR1, maresin 1; NO, nitric oxide; PD1/NPD1, protectin D1/neuroprotectin D1 (10R,17S-dihydroxy-docosa-4Z,7Z,11E,13E,15Z,19Z-hexaenoic acid); PG, prostaglandin; PUFA, poly-unsaturated fatty acid; RvD1, resolvin D1 (7S,8R,17R-trihydroxy-4Z,9E,11E,13Z,15E,19Z-docosahexaenoic acid); RvE1, resolvin E1 (5S,12R,18R-trihydroxy-eicosa-6Z,8E,10E,14Z,16E-pentaenoic acid)

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physiological resolution of an inflammatory exudate towards the formation of a granuloma, fibrogenesis or scar formation, or towards chronic inflammation with associated tissue damage, structural remodeling and permanent loss of normal tissue function [12–14].

The inflammatory response resembles the execution of a molecular and cellular program which passes check-points that function in assessing the nature of the insult, monitoring the progress of leukocyte accumulation and microbial clearance, and in initiating resolution and tissue repair [4,15–18]. Specific eicosanoids, lipid mediators derived from arachidonic acid (AA), are well established to contribute to the initiation of inflammation and chronic inflammation [19]. These include leukotrienes generated by the fatty acid oxygenase 5-lipoxygenase (5-LO), such as leukotriene B<sub>4</sub> (LTB<sub>4</sub>; 5S, 12R-dihydroxy-eicosa-6Z, 8E,10E,14Z-tetraenoic acid), a potent chemoattractant for neutrophils, and the cysteinyl leukotrienes, which are potent mediators of vascular permeability [10,20]. A number of prostaglandins (PG) also play important roles in the early phases of inflammation, such as PGE<sub>2</sub>, PGI<sub>2</sub> and PGF<sub>2</sub>α, as they regulate changes in blood flow which promote leukocyte delivery and plasma exudation to inflamed tissue [21–23].

## 2. The “front and back” of acute inflammation

Conserved physiological mechanisms limit the extent and duration of the inflammatory response [4,24,25]. These mechanisms can counter-regulate the extent of inflammation (or anti-inflammation), and/or promote the active termination or resolution of inflammation [4,24]. The former encompasses those mechanisms activated to reduce the rate of granulocyte recruitment to the inflammatory focus and limit their state of activation. The latter comprises the active removal of the granulocytic infiltrate, permitting restoration of normal tissue structure and function. The counter-regulation of the inflammatory response is achieved by several physiological mechanisms acting at the systemic level; an increase in circulating levels of glucocorticoids, activation of the acute-phase response, and anti-inflammatory cholinergic efferent neural pathways provide systemically active and protective responses to stress and inflammation [26–28]. Of significance, counter-regulation and resolution of the inflammatory response is also operative at the local tissue level, providing control over tissue-specific regulatory actions required to limit inflammatory injury and restore tissue homeostasis [29]. Recent results establish key roles of specific lipid mediator autacoids derived from poly-unsaturated fatty acids (PUFA) in the endogenous counter-regulation of inflammation and activation of resolution, such as AA, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) [30]. These lipid mediators, named lipoxins and resolvins, are formed via specific transcellular biosynthetic pathways established at strict temporal intervals during the inflammatory response. Without control of the inflammatory response, tissues would be overwhelmed by persistent inflammatory cell infiltrates, edema, and tissue damage incurred by activated inflammatory leukocytes [31–33]. Thus, active counter-regulation and resolution of inflammation are essential for the conservation of homeostasis and health [34].

Omega-3 fatty acids are dietary poly-unsaturated long-chain fatty acids essential for human health [35–42]. These can also be formed endogenously in men to a limited extent [43]. Phospholipids containing acylated EPA and DHA constitute a significant percentage of the fatty acid composition in specific locations of the body, e.g. the central nervous system, the retina, and sperm cells [44,45]. ω-3 PUFAs make an important contribution to structural and functional roles of specific subcellular membrane compartments [46,47]. It is now well documented that dietary ω-3 PUFAs impart protective actions in the cardiovascular and nervous systems, and can counteract a range of inflammatory diseases [30,35–40].

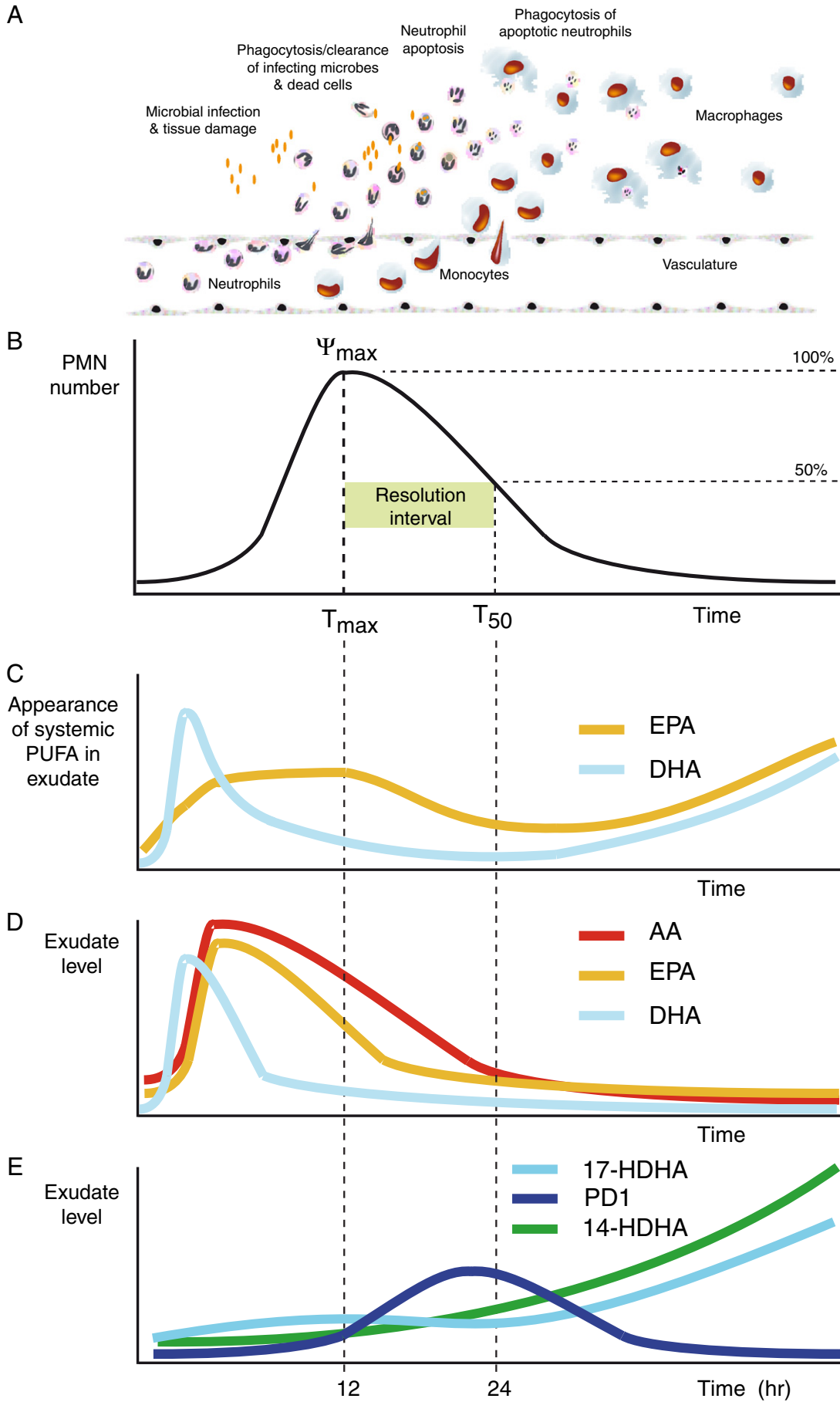
Anti-inflammatory and pro-resolving lipid mediators are derived from both ω-6 AA and ω-3 PUFA, which counteract the extent and

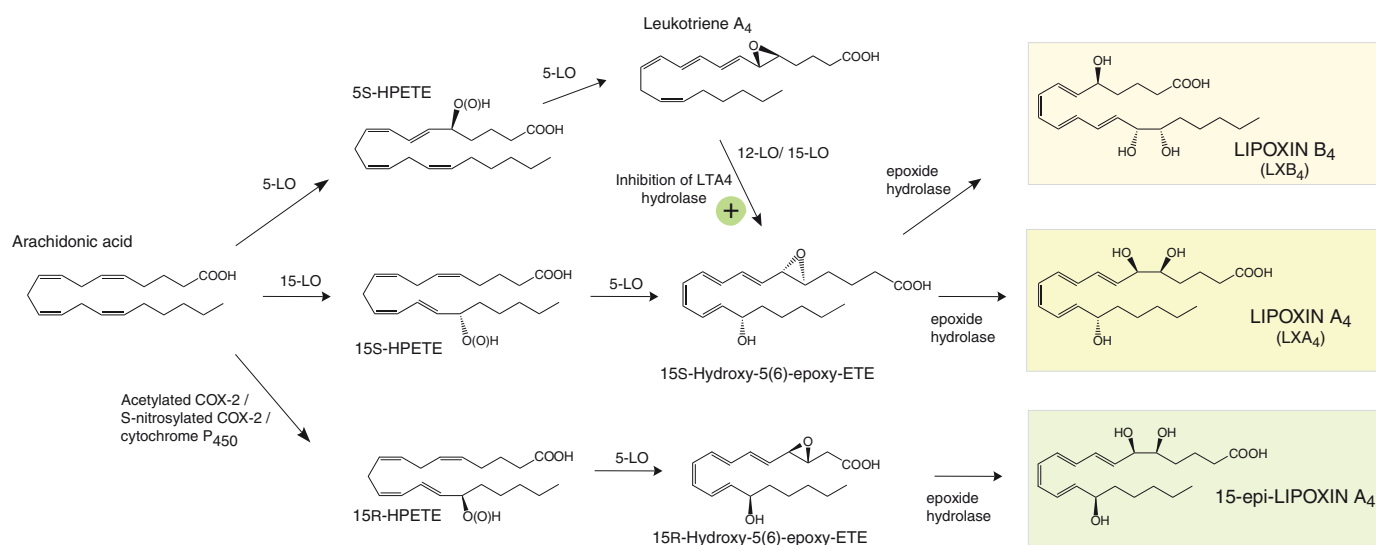
regulate the pace of the inflammatory response at several critical cellular events. These include the down-regulation of cell adhesion molecules on both endothelial cells and leukocytes, reduced chemotaxis and transendothelial migration, reduced activation of neutrophils (measured by diminished degranulation and respiratory burst), inhibition of the formation and actions of pro-inflammatory mediators, the stimulation of non-phlogistic phagocytosis of apoptotic neutrophils and macrophages, as well as active egress of inflammatory leukocytes during resolution [48–54]. The transiently established transcellular biosynthetic pathways required for lipoxin and resolvins formation are assembled via heterotypic interactions of inflammatory leukocytes with endothelial cells, epithelial cells, macrophages and platelets that constitute an inflamed tissue. The formation of such lipid-derived cellular interaction products permits gauging the number and activation state of inflammatory leukocytes that participate in the inflammatory response. It is important to appreciate that lipoxins and resolvins act as endogenous receptor agonists at low concentrations (pM to low nM) and at specific G-protein coupled membrane-spanning receptors to actively down-regulate pro-inflammatory events, as well as stimulate the resolution of an inflammatory exudate [55]. In the following sections of this review, we summarize the biosynthesis of these endogenous lipid mediator autacoids, recently identified specific surface receptors, and their cellular actions.

## 3. Lipoxins and aspirin

Lipoxin A<sub>4</sub> (LXA<sub>4</sub>; (5S,6R,15S-trihydroxy-eicosa-7E,9E,11Z,13E-tetraenoic acid) is a central anti-inflammatory lipid mediator autacoid which plays an important function in determining the extent of granulocyte (neutrophil and eosinophil) accumulation and activation during inflammation. The formation of LXA<sub>4</sub> is achieved by transcellular biosynthesis via two sequential oxygenation reactions of arachidonic acid (AA; Fig. 2) catalyzed by lipoxygenases present in interacting cell types, with one of the cell types often a neutrophil, eosinophil, or macrophage, and the other an endothelial, epithelial, or parenchymal cell or platelets [56,57]. LXA<sub>4</sub> is a potent endogenous anti-inflammatory lipid mediator that activates the G-protein coupled receptor ALX/FPR2 ( $K_d \approx 0.7$  nM; Table 1) to reduce neutrophil chemotaxis, transendothelial migration and degranulation [58,59]. The transcellular formation of LXA<sub>4</sub> likely constitutes a specific signal formed as a result of the physical proximity of inflammatory cells with cells in the inflammatory focus, and activates subsequent tissue responses which limit further inflammatory cell infiltration. LXA<sub>4</sub> also exerts potent immuno-modulatory actions, promotes apoptosis of leukocytes *in vivo* by over-riding pro-survival signals, promotes migration of monocytes/macrophages to inflamed tissue, and stimulates the non-phlogistic phagocytosis of apoptotic leukocytes and lymphocytes by macrophages (efferocytosis) [50,60–63]. Taken together, LXA<sub>4</sub> reduces inflammatory leukocyte accumulation and also promotes the active removal of inflammatory exudate cells and debris.

A unique feature of the non-steroidal anti-inflammatory drug aspirin (acetyl-salicylic acid) is its action on the second described isoform of cyclooxygenase (COX-2), a fatty acid oxygenase which catalyzes the stereospecific double oxygenation of AA to form prostaglandin H<sub>2</sub>, the central precursor for the formation of PGs. By acetylation of a conserved serine residue in the COX-2 active site, aspirin changes the enzymatic activity to allow the incorporation of one oxygen molecule to form 15R-hydroperoxy-eicosatetraenoic acid (15R-HpETE; 15R-hydroperoxy-5Z,8Z,11Z,13E-tetraenoic acid) [64]. This product contains oxygen in the R configuration at carbon 15 and hence is epimeric and stereospecific compared to the oxygenation product formed during the second oxygenation step in PG biosynthesis. 15R-HpETE as well as 15R-HETE can be used as substrates by 5-LO to form 15-epi-LXA<sub>4</sub> (5S,6R,15R-trihydroxy-eicosa-7E,9E,11Z,13E-tetraenoic acid) [65] (Fig. 2). This aspirin-triggered biosynthetic route can function efficiently between a COX-





**Fig. 2.** Biosynthesis of lipoxins and aspirin-triggered lipoxins.

2 expressing cell type (e.g. endothelial cells) and a 5-LO-expressing cell type (e.g. neutrophils). The epimeric oxygenation product 15-epi-LXA<sub>4</sub> has been termed an aspirin-triggered lipoxin (ATL). Recent results indicate that S-nitrosylation of COX-2 can also activate the epimeric oxygenation of AA to form 15R-HETE and initiate 15-epi-LXA<sub>4</sub> biosynthesis [66]. Also, cytochrome P<sub>450</sub> can contribute to 15-epi-LXA<sub>4</sub> formation *in vivo* [67]. A recent study has shown that inhibition of the epoxide hydrolase LTA<sub>4</sub>-synthase promotes the formation of 15-epi-LXA<sub>4</sub> most likely by increasing the steady state levels of LTA<sub>4</sub> as substrate for 15-lipoxygenase (Fig. 2) [68]. Of particular interest are results from a human trial indicating that low dose aspirin triggers 15-epi-LXA<sub>4</sub> production in human skin blisters that in turn stimulates local nitric oxide (NO) production and regulates PMN infiltration *in vivo* [69]. This confirms that 15-epi-lipoxin production reduces acute inflammation *in vivo* and this low dose aspirin's protective actions in humans [70].

Like LXA<sub>4</sub>, 15-epi-LXA<sub>4</sub> is an anti-inflammatory SPM that binds and activates ALX/FPR2 ( $K_d \approx 2.0$  nM; Table 1) [71]. It is noteworthy that the presence and chirality of the 15R-hydroxy group in 15-epi-LXA<sub>4</sub> provides increased resistance to local tissue degradation catalyzed by 15-hydroxy prostaglandin dehydrogenases (15-PGDH) which contributes to augmenting the anti-inflammatory and pro-resolving potency of aspirin-triggered lipoxins *in vivo* [71]. Acting as an antagonist at the receptor CysLT1, ATL analogs have been instrumental in demonstrating that lipoxins can also counteract the pro-inflammatory actions of cysteinyl leukotrienes (Table 1) [72,73]. Recently, LXA<sub>4</sub> has been found to also bind to the human orphan receptor GPR32, a member of the chemoattractant receptor family (Table 1) [74].

Lipoxin B<sub>4</sub> (LXB<sub>4</sub>; 5S,14R,15S-trihydroxy-eicosa-6E,8Z,10E,12E-tetraenoic acid) is a positional isomer of LXA<sub>4</sub> which is also formed

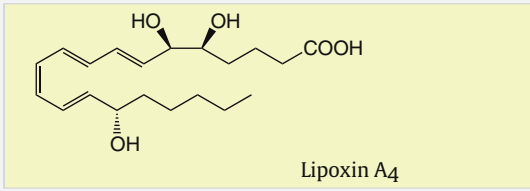
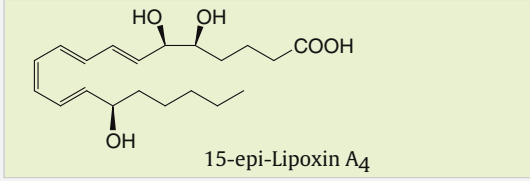
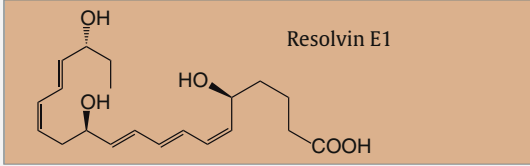
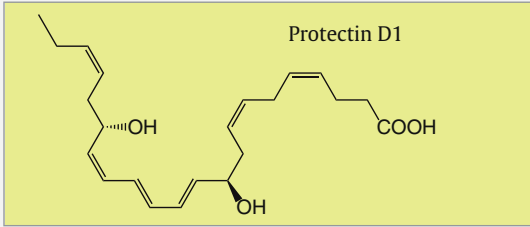
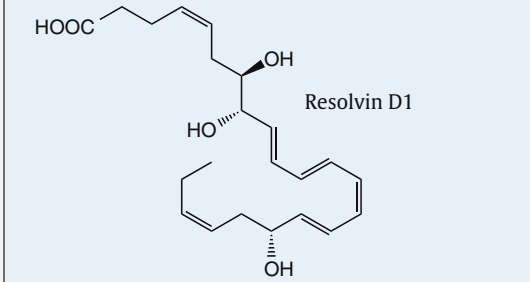
from endogenous sources of arachidonic acid through transcellular oxygenation pathways (Fig. 2) [75]. LXB<sub>4</sub> and aspirin-triggered 15-epi-LXB<sub>4</sub> stimulate monocyte chemotaxis and are non-phlogistic agonists for these cells [76,77]. LXB<sub>4</sub> is rapidly inactivated via dehydrogenation [78]. LXB<sub>4</sub> and aspirin-triggered LXB<sub>4</sub> analogs have potent actions *in vitro* and *in vivo* [76,79]. LXB<sub>4</sub> and its analogs demonstrate potent bioactions by both oral administration and topical application [79,80]. LXB<sub>4</sub> does not interact with the sites or receptors that LXA<sub>4</sub> or aspirin-triggered LXA<sub>4</sub> acts. The stereoselective actions of LXB<sub>4</sub> indicate that it has its own receptor(s), which remains to be identified.

#### 4. Specialized pro-resolving lipid mediators (SPM) derived from omega-3 poly-unsaturated fatty acids

A number of enzymatically oxygenated lipid mediators derived from  $\omega$ -3 poly-unsaturated fatty acids (PUFA), such as EPA and DHA, were recently identified to function as specialized pro-resolution mediators (SPM) that “turn off” the inflammatory response in an active fashion [30]. These mediators, named resolvins, protectins, and maresins, constitute novel families of autacoids with potent anti-inflammatory, tissue-protective, and resolution-stimulating functions. It is important to note that each SPM family has its own unique structural feature to evoke biological functions and that resolvins, protectins, and maresins do not resemble the structures of the classic eicosanoids, i.e., PG or LT. The formation of specific lipid mediator autacoids during resolution has been monitored by LC-MS-MS mass spectrometry-based lipidomic analysis of resolving, self-limited inflammatory exudates, via biosynthetic approaches that employed individual enzymes expressed during resolution, and matching of biological activity of novel compounds with that of synthetic standards

**Fig. 1.** Panel A. The inflammatory response comprises concerted actions by resident parenchymal cells, tissue-resident macrophages and the endothelium. The first steps comprise PMN adhesion to endothelium, diapedesis, chemotaxis towards microbes, and cell activation. The first cells recruited to a disturbed site are PMNs, which remove infecting microbes and dead parenchymal cells by phagocytosis. After completion of their function or intrinsic timeline, PMNs undergo apoptosis and are phagocytosed in a non-phlogistic manner by infiltrating monocytes that differentiate into macrophages. Macrophages disappear by tissue egress or apoptosis. Panel B. The inflammatory response can be defined in quantitatively measurable indices based on neutrophil kinetics in the inflammatory focus. Resolution is defined here as the disappearance of the neutrophilic infiltrate.  $T_{max}$  is the time point at which neutrophil numbers are maximal ( $\Psi_{max}$ ).  $T_{50}$  is the time point when half of the neutrophils have disappeared. The time interval between  $T_{max}$  and  $T_{50}$  is the resolution interval ( $R_r$ ), and indicates the duration of the resolution process. Panel C. Appearance of systemic  $\omega$ -3 PUFA in the inflammatory exudate. Illustrated time courses are depicted graphically based on measurements of the levels of deuterium-labeled EPA and DHA administered systemically in mice 5 min prior to initiation of zymosan A-stimulated peritonitis [142]. Panel D. Levels of free arachidonic acid (AA) and  $\omega$ -3 PUFA in inflammatory exudates during the inflammatory response. Illustrated time courses are depicted graphically based on measurements of cell-free exudate levels made during zymosan A-stimulated murine peritonitis [89]. Panel E. Formation of pro-resolution pathway biomarkers: 17S-hydroxydocosa-4Z,7Z,10Z,13Z,15E,19Z-hexaenoic acid (17-HDHA), protectin D1 and 14S-hydroxydocosa-4Z,7Z,10Z,12E,16Z,19Z-hexaenoic acid (14-HDHA) during the acute inflammatory response. In this model of inflammation the formation of protectin D1 was found to increase during the resolution interval. The time course is depicted graphically based on measurements of cell-free exudate levels made during zymosan A-stimulated murine peritonitis [89].

**Table 1**  
Summary of characterized G-protein coupled receptors and selective binding sites for anti-inflammatory-pro-resolution lipid mediators.

| Anti-inflammatory / pro-resolution lipid mediator   | Receptor  | K <sub>d</sub> (nM)        | K <sub>i</sub> (nM)     |
|---|---|----------------------------|-------------------------|
|  <p>Lipoxin A<sub>4</sub></p>        | ALX / FPR2  | 0.7                        |                         |
|   | CysLT1 *  |                            | 100 (IC <sub>50</sub> ) |
|   | GPR32   | 0.034 (EC <sub>50</sub> )  |                         |
|  <p>15-epi-Lipoxin A<sub>4</sub></p> | ALX / FPR2  | 2.0                        |                         |
|   | CysLT1 *  |                            | 0.7 (IC <sub>50</sub> ) |
|  <p>Resolvin E1</p>                  | CMKLR1  | 11.3                       |                         |
|   | BLT1 *  |                            | 70                      |
|  <p>Protectin D1</p>                | High-affinity surface binding site on human PMN and RPE cells | 25                         |                         |
|  <p>Resolvin D1</p>                | GPR32   | 0.0088 (EC <sub>50</sub> ) |                         |
|   | ALX / FPR2  | 0.0012 (EC <sub>50</sub> ) |                         |

\*Known partial agonism or antagonism at indicated receptor. For those ligand–receptor interactions for which K<sub>d</sub> or K<sub>i</sub> values were not determined, their EC<sub>50</sub> and IC<sub>50</sub> values are indicated, which were obtained from a β-arrestin-based luminescence system and recombinant receptors, or competition binding studies at specific receptors and cellular binding sites (see [72–74] and text for further details). (RPE; retinal pigment epithelium).

with defined double-bond geometry and hydroxyl group position and stereospecificity (reviewed in detail in [30] and references within).

It is only recently appreciated that specific autacoids activate the resolution of inflammation, since the resolution of acute inflammation was previously considered to be passive. It was recently discovered that omega-6 (ω-6) PUFA such as AA and docosapentaenoic acid (DPA ω-6; see below), and ω-3 PUFAs such as EPA, DHA and DPA (ω-3) are also substrates for temporally regulated cellular events and enzymatic oxygenation reactions that produce local acting lipid mediators with potent anti-inflammatory and pro-resolution actions. This was not clear earlier, because the cyclooxygenase enzymes known to efficiently oxygenate AA to form PGH<sub>2</sub> had been found to oxygenate EPA or DHA at relatively low rates compared to AA. Furthermore, the cyclooxygenase products derived from EPA and DHA were found to activate known PG receptors with relatively weak affinities [81–85]. It appeared reasonable to doubt that EPA- and DHA-derived prostaglan-

dins would constitute endogenously relevant mediators. Conceptual advances were made with the discovery that both cyclooxygenase and lipoxygenases can oxygenate ω-3 PUFAs to produce intermediate oxygenation products that can undergo transcellular biotransformation via a second fatty acid oxygenase [30]. These novel bioactive products are structurally unrelated to prostaglandins [30]. In the next sections, the biosynthesis and actions of the novel anti-inflammatory and pro-resolving lipid mediators will be reviewed in further detail.

### 5. E-series resolvins: resolvin E1 and resolvin E2

Specific bioactivity was uncovered in the resolving exudates that stopped PMN migration and was 100 times as potent as aspirin *in vivo* [86]. The active molecule was coined resolvin E1 based on its *in vivo* production in resolving murine exudates, potent stereoselective actions (demonstrated *in vitro* and *in vivo*) and its precursor substrate

EPA. Hence, it was important to consider the biosynthetic routes involved in the production of this and related molecules in human cell types. After acetylation by aspirin, COX-2 acquires the capacity to oxygenate EPA to form 18R-hydro(peroxy)-5Z,8Z,11Z,14Z,16E-eicosapentaenoic acid (18R-H(p)EPE). Hypoxic endothelial cells convert EPA to 18R-H(p)EPE that is released and converted by activated human PMN to RvE1 *in vitro*. Neither unacetylated COX-2 nor COX-1 catalyzes this epimeric oxygenation reaction, and 18R-H(p)EPE formation should therefore be viewed as an aspirin-triggered epimeric oxygenation of EPA similar to 15R-HETE production from AA. The second oxygenation reaction established for 15-epi-LXA<sub>4</sub> biosynthesis also proved to operate on 18R-HEPE with the formation of 5S,12R,18R-trihydroxy-6Z,8E,10E,14Z,16E-eicosapentaenoic acid via 5-LO, an epoxide intermediate, and subsequent enzymatic reactions (Fig. 3) [86,87]. This potent bioactive compound was named resolvin E1 (RvE1), as it is an EPA-derived (E-series) cellular interaction product which can be formed in resolving exudates in murine models of inflammation (zymosan-stimulated peritonitis and TNF- $\alpha$ -activated dorsal air pouch inflammation). The complete stereochemistry of RvE1 was determined by matching of chromatographic, spectroscopic, and mass physical properties, as well as biological activity of biogenically generated RvE1 with postulated geometric isomers made by total organic synthesis [87]. Synthetic RvE1 analogs that possessed double-bond configurations, for example, 6E and 14E, or 6E and 8Z, could not be matched to the biogenic material and were thus excluded as being identical to the endogenously synthesized RvE1.

A careful interpretation of the results of a large epidemiological study that reported the beneficial impact of enhanced  $\omega$ -3 PUFA intake on mortality and recurring heart attacks in patients who experienced a prior myocardial infarction [88] provided important insight for the possible involvement of aspirin-acetylated COX-2 in the outcome of the study; in addition to EPA, many patients took aspirin as well [86]. Human plasma levels of RvE1 were measured up to 0.4 ng/ml after the dietary intake of EPA and DHA together with aspirin [87]. RvE1 potently reduces neutrophilic inflammation and activates the resolution of inflammation [89,90]. The general functions of RvE1 include reducing neutrophil–endothelial cell interactions and transmigration, stimulating non-phlogistic phagocytosis by macrophages, and reducing the release of pro-inflammatory cytokines

[86,87,89,91–96]. RvE1 also potently inhibits inflammatory angiogenesis [97,98].

RvE1's high potency *in vivo*, specific stereochemistry and double-bond geometry pointed to a selective recognition by an endogenous receptor. The binding of RvE1 with the G-protein coupled receptor CMKLR1 was identified in a screen for orphan-receptors (this receptor was formerly called ChemR23 and also binds the endogenous peptide chemerin) [87,99]. Tritium-labeled RvE1 was prepared by catalytic hydrogenation of a synthetic precursor and used to determine the binding constant of RvE1 with CMKLR1 ( $K_d \sim 11$  nM; Table 1). The functional importance of the RvE1–CMKLR1 interaction was demonstrated in murine dendritic cells (stimulating down-regulation of IL-12 formation and migration) [87] and in oral epithelial cells where activation of CMKLR1 by RvE1 stimulates transepithelial neutrophil migration [100]. A second receptor interaction was subsequently identified which mediates additional actions of RvE1, namely partial agonism of RvE1 at the LTB<sub>4</sub> receptor BLT1 ( $K_i \sim 70$  nM; Table 1) [101]. Displacement of LTB<sub>4</sub> constitutes a mechanism whereby RvE1 dampens the actions of this pro-inflammatory lipid mediator [86,101]. RvE1 also inhibits osteoclast differentiation via binding to BLT1 and can contribute to bone remodeling [102]. Taken together, RvE1 is the first identified  $\omega$ -3 PUFA-derived lipid mediator with receptor-mediated anti-inflammatory and pro-resolving actions, and acts on two receptors, CMKLR1 and BLT1 [87] and potentially more stereoselective receptors *in vivo* [103] (Table 1).

In several *in vivo* models of inflammatory disease, RvE1 has now been demonstrated to exert potent anti-inflammatory and tissue-protective actions. For example, administration of RvE1 reduces ischemia/reperfusion (I/R)-induced kidney injury [104,105]. RvE1 can down-regulate obesity-induced inflammation in white adipose tissue of mice, which corrects a loss of insulin sensitivity and abrogates hepatic steatosis [106]. The potent counter-regulatory and pro-resolution actions of RvE1 in inflammation have been elegantly demonstrated in a rabbit model of periodontitis induced by application of the pathogenic bacterium *Porphyromonas gingivalis*; the topical application of RvE1 to inflamed gingival tissue stimulated restoration of lost bone and connective tissue and markedly reduced inflammation [107]. RvE1 promotes the resolution of allergic airway inflammation in mice by down-regulating IL-17, a cytokine which is important in sustaining allergen-induced airway inflammation [108]. RvE1 also

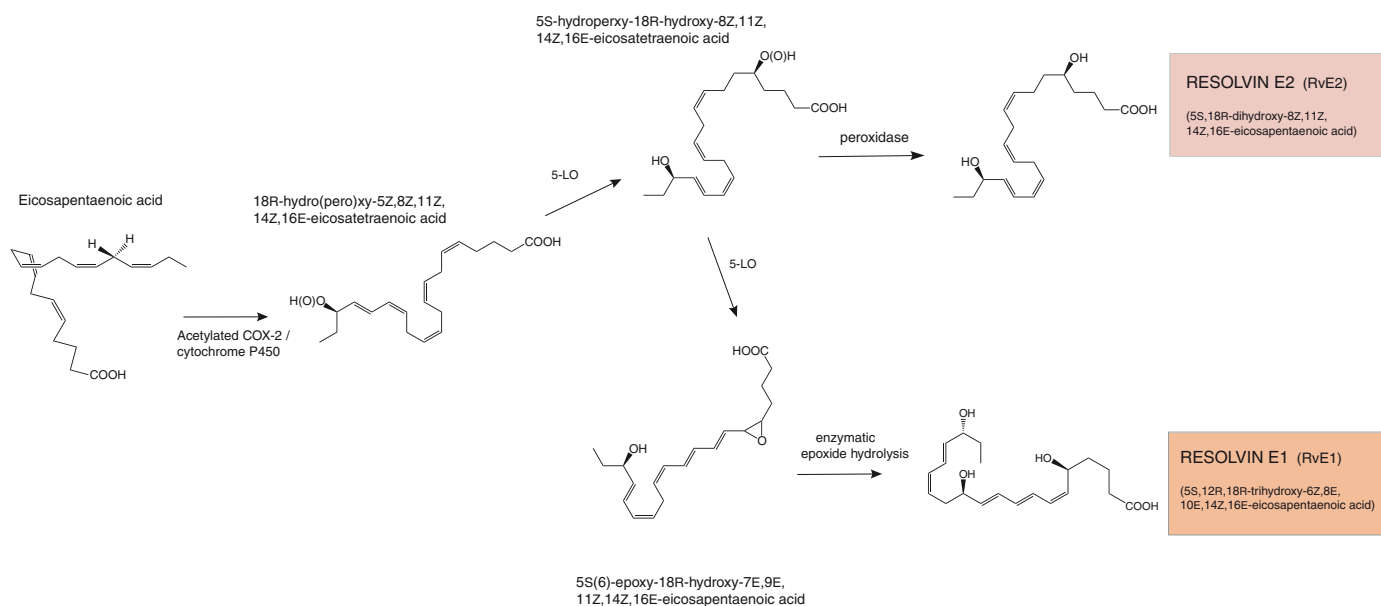


Fig. 3. Biosynthesis of E-series resolvins: RvE1 and RvE2.

down-regulates the formation of IL-6 and IL-23, two cytokines which are important in stimulating Th17-type responses. Through stimulating IFN $\gamma$  formation, RvE1 also contributes to the resolution of airway inflammation by facilitating apoptosis [108]. Results of recent studies demonstrated a potent protective action in acute lung injury and pneumonia in mice [109]. Moreover, a recent clinical trial demonstrated that a synthetic RvE1 analog reduced the signs and symptoms of ocular inflammation in patients with dry eye (Clinicaltrials.gov identifier: NCT00799552; <http://www.scienceblog.com/cms/resolvix-announces-positive-data-phase-2-trial-resolvin-rx-10045-dry-eye-syndrome-24358.html>).

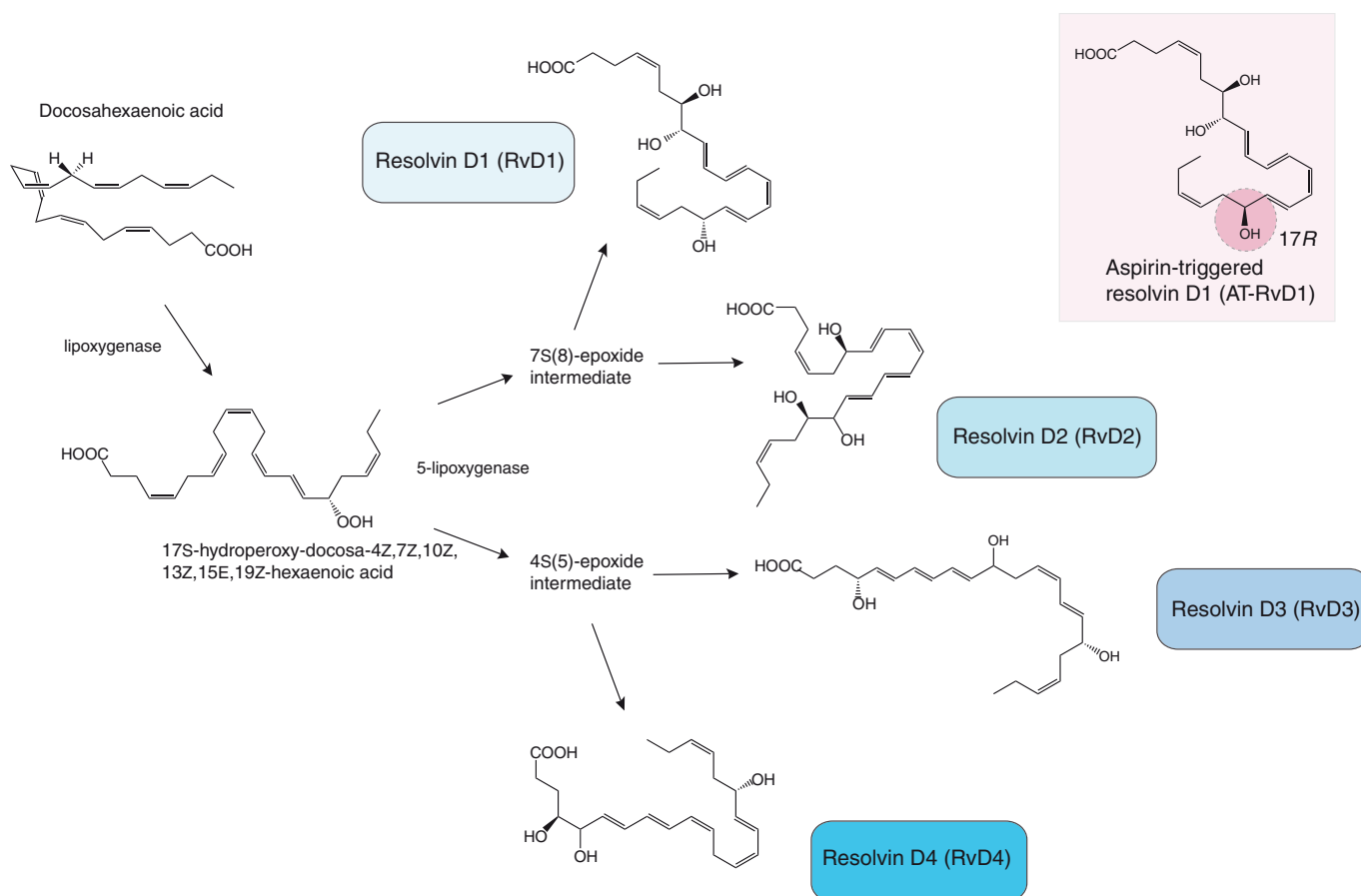
Additional mediators are produced by the E-series resolvins biosynthetic route. For example, the hydroperoxide intermediate 5*S*-hydroperoxy-18*R*-hydroxy-8*Z*,11*Z*,14*Z*,16*E*-eicosatetraenoic acid formed via the action of 5-lipoxygenase with 18*R*-HEPE, can also be directly reduced to a dihydroxy-containing product coined RvE2 (5*S*,18*R*-dihydroxy-8*Z*,11*Z*,14*Z*,16*E*-eicosapentaenoic acid) [110]. RvE2 constitutes a second member of the EPA-derived (E-series) resolvins, and likely regulates inflammatory targets which differ from those activated by RvE1 [110].

## 6. D-series resolvins

Given the ability of acetylated COX-2 to accept both AA and EPA as substrates for a single oxygenation reaction to form epimeric fatty acid hydroperoxides, DHA was subsequently tested and recognized as a substrate for acetylated COX-2 as well [92]. In this case oxygen is incorporated at carbon 17, forming a 17*R*-hydroperoxy group-containing DHA-derived intermediate that when reduced was

shown to be 17*R*-hydroxy-docosa-4*Z*,7*Z*,10*Z*,13*Z*,15*E*,19*Z*-hexaenoic acid (17*R*-HpDHA) (Fig. 4). The introduction of oxygen with the observed *R* stereospecificity is not expected to occur by a lipoxygenase-mediated oxygenation, as this typically occurs with *S* stereospecificity. 17*R*-HpDHA proved to be converted by 5-LO to a number of oxygenation products identified as trihydroxylated positional isomers, named aspirin-triggered resolvins (AT-RvD1 is shown in Fig. 4) [92,111]. The DHA series resolvins are formed by hydrolysis of intermediate epoxides derived from one of two fatty acid peroxides formed by 5-LO, 4*S*-hydroperoxy-17*R*-hydroxy-docosa-5*E*,7*Z*,10*Z*,13*Z*,15*E*,19*Z*-hexaenoic acid and 7*S*-hydroxy-17*R*-hydroperoxy-docosa-4*Z*,8*E*,10*Z*,13*Z*,15*E*,19*Z*-hexaenoic acid.

The LC-MS-MS based lipidomic analyses of DHA oxygenation products from incubations of human blood with DHA indicated that D-series resolvins are formed which possess a carbon 17 hydroxyl group with *S* stereospecificity. The apparent lack of requirement for acetylation by aspirin indicated that alternative endogenous biosynthetic routes were operative in the formation of DHA-derived resolvins (Fig. 4) [112]. It was found that 15-lipoxygenase can catalyze the oxygenation of DHA at carbon 17 with the more commonly observed *S* chirality and stereospecificity of lipoxygenases. Resolvin D1 (RvD1) and RvD2 are formed from the 7(8)*S*-epoxy-17*S*-hydroperoxy-docosa-4*Z*,9*E*,11*E*,13*Z*,15*E*,19*Z*-hexaenoic acid intermediate, whereas RvD3 and RvD4 are formed from the 4(5)*S*-epoxy-17*S*-hydroperoxy-docosa-6*E*,8*E*,10*Z*,13*Z*,15*E*,19*Z*-hexaenoic acid intermediate (Fig. 4) [111,112]. The absolute stereochemistry and double-bond configuration of RvD1 has been determined by matching of the physical properties and biological activity of biogenically generated RvD1 with several isomers prepared by total organic synthesis [111]. The complete



**Fig. 4.** Biosynthesis of D-series resolvins. Inset, one example of an aspirin-triggered D-series resolvin, AT-RvD1 (7*S*,8*S*,17*R*-trihydroxy-docosa-4*Z*,9*E*,11*E*,13*Z*,15*E*,19*Z*-hexaenoic acid), displaying predominately the *R* stereospecificity at the carbon-17 alcohol group.

synthesis of RvD2 has also been achieved using this matching approach with total organic synthesis using starting materials with defined stereochemistry [113,114].

Results from recent studies with murine 12/15-lipoxygenase and retinal pigment epithelial cells lacking 15-lipoxygenase indicated that a rate-limiting factor for this biosynthetic pathway is the expression of 15-lipoxygenase activity to biosynthesize the 17S-hydroperoxy-docosa-4Z,7Z,10Z,13Z,15E,19Z-hexaenoic acid intermediate [115,116]. Hence, D-series 17S-resolvins and aspirin-triggered resolvins can be formed endogenously but require the action of different oxygenases to initiate their biosynthesis.

The D-series resolvins and AT-resolvins display potent anti-inflammatory actions, such as reduced human neutrophil migration and inhibition of neutrophilic infiltration in murine models of inflammation [111,112]. RvD1 has been demonstrated in experimental periodontitis in the rabbit and ischemia/reperfusion (I/R)-induced kidney injury in mice [104,105,107]. RvD1 has recently been shown to potentially reduce the inflammatory response and neutrophil oxidative burst that are generated in response to the 4-hydroxynonenal-glutathione adduct, a product that reflects the glutathione-dependent detoxification of a reactive lipid aldehyde generated during lipid peroxidation. This action by RvD1 may represent a mechanism to limit oxidative tissue injury imposed by neutrophil-mediated employment of oxygen and nitrogen radicals in the biocidal removal of infecting microbes [117].

Recent results indicate that RvD2 has extremely potent regulatory actions on neutrophil trafficking evident in the picogram range *in vivo*, stimulating resolution and enhancing innate host defense mechanisms [114]. The RvD2-stimulated inhibition of neutrophil-endothelial cell interactions and neutrophil trafficking were shown to be mediated at least in part by NO formation. Of importance, this study revealed a novel function of RvD2, namely the potent activation of microbial phagocytosis by monocytes/macrophages. In an experimental murine sepsis model initiated by a mid-grade surgical cecal ligation and puncture, RvD2 administration reduced the pro-inflammatory “cytokine storm” and also reduced the levels of IL-10, a cytokine that in human sepsis is associated with a detrimental outcome. The enhanced *in vivo* clearance of bacteria demonstrated that RvD2 promotes host defense and allowed the survival of animals which would have otherwise succumbed to the excessive inflammatory response during sepsis.

Recently the first experimental evidence for the existence of specific receptors for D-series resolvins has been obtained (Table 1). RvD1 label was synthesized and used to demonstrate RvD1 direct interactions with high-affinity ( $K_d \approx 0.2$  nM) recognition sites on human neutrophils [74]. In a screening of G-protein coupled receptors two human receptors were identified to bind RvD1; GPR32 and ALX/FPR2 (Table 1) [74]. Although several peptide and synthetic ligands are known for ALX/FPR2 in addition to LXA<sub>4</sub> and 15-epi-LXA<sub>4</sub> [118,119], this study indicates for the first time the existence of two counter-regulatory lipid mediator ligands for the same receptor. It is not yet established if the ALX/FPR2 receptor binding by RvD1 and LXA<sub>4</sub> is temporally or spatially dissociated. It has also been suggested that receptors for anti-inflammatory/pro-resolution lipid mediators may be co-organized in signaling clusters, possibly via receptor hetero-dimerization [74]. Specific receptor proteins which selectively recognize the other D-series resolvins continue to be of interest. Clearly, the identification of D-series resolvins has initiated a number of new avenues of research.

## 7. Protectins and maresins

Although transcellular biosynthesis is recognized to be an important requirement for the formation of specific anti-inflammatory and pro-resolution lipid mediators, such as SPM, recent evidence is provided that a single cell type can also form oxygenated lipid

mediators with potent counter-regulatory actions. The first pathway involves a 15-lipoxygenase-type I catalyzed formation of the same 17S-hydroperoxy-docosa-4Z,7Z,10Z,13Z,15E,19Z-hexaenoic acid product required for D-series resolvins biosynthesis. Instead of undergoing a second oxygenation, the hydroperoxide intermediate product undergoes a second hydrogen abstraction by 15-lipoxygenase to form an intermediate epoxide (Fig. 5A) [112,120]. The epoxide is transformed to the dihydroxy-containing bioactive 10R,17S-dihydroxy-docosa-4Z,7Z,11E,13E,15Z,19Z-hexaenoic acid, possibly through the formation of an enzyme-bound delocalized cation and attack by water [121–123]. This dihydroxy bioactive product was named protectin D1 because it affords potent tissue-protective actions in brain, immune and retinal cells. In neural tissue PD1 is referred to as neuroprotectin D1 (NPD1) to reflect its site of biosynthesis and action (recently reviewed in Bazan et al. [124]). In the innate immune system, PD1 exhibits potent anti-inflammatory activity, affords cell protective actions, and can activate the resolution of inflammation [89,90,112,122,125]. The 17S-hydroperoxy-docosa-4Z,7Z,10Z,13Z,15E,19Z-hexaenoic acid intermediate can also be reduced to the corresponding alcohol (Fig. 5A), or undergo a second oxygenation by the same 15-lipoxygenase to form the dihydroxy acid 10S,17S-dihydroxy-docosa-4Z,7Z,11E,13Z,15E,19Z-hexaenoic acid (Fig. 5A). The epoxide intermediate can also be hydrolyzed to the vicinal diol 16,17S-dihydroxy-docosa-4Z,7Z,10Z,12E,14E,19Z-hexaenoic acid. Both PD1 and the 16,17-dihydroxylated compound can be oxygenated at the  $\omega$ 22-carbon atom by cytochrome P<sub>450</sub> enzymes to form the corresponding trihydroxylated products. Of note, a high-affinity binding site for NPD1/PD1 in human neutrophils ( $K_d \approx 25$  nM; Table 1) and in a retinal pigment epithelial cell line (31.3 pmol/mg cell protein) was recently demonstrated, which may constitute a novel receptor for NPD1/PD1 (Table 1) [126,127]. Other NPD1/PD1 isomers did not compete.

In addition, 17S-hydroperoxy-docosa-4Z,7Z,10Z,13Z,15E,19Z-hexaenoic acid can be oxygenated a second time via 5-lipoxygenase to form two regio-isomeric dihydroxylated products formed without the formation of an enzyme-stabilized epoxide intermediate, namely 4S,17S-dihydroxy-docosa-5E,7Z,10Z,13Z,15E,19Z-hexaenoic acid, and resolvins D5 or 7S,17S-dihydroxy-docosa-4Z,8E,10Z,13Z,15E,19Z-hexaenoic acid (Fig. 5A). The latter also possess anti-inflammatory actions *in vivo* [112].

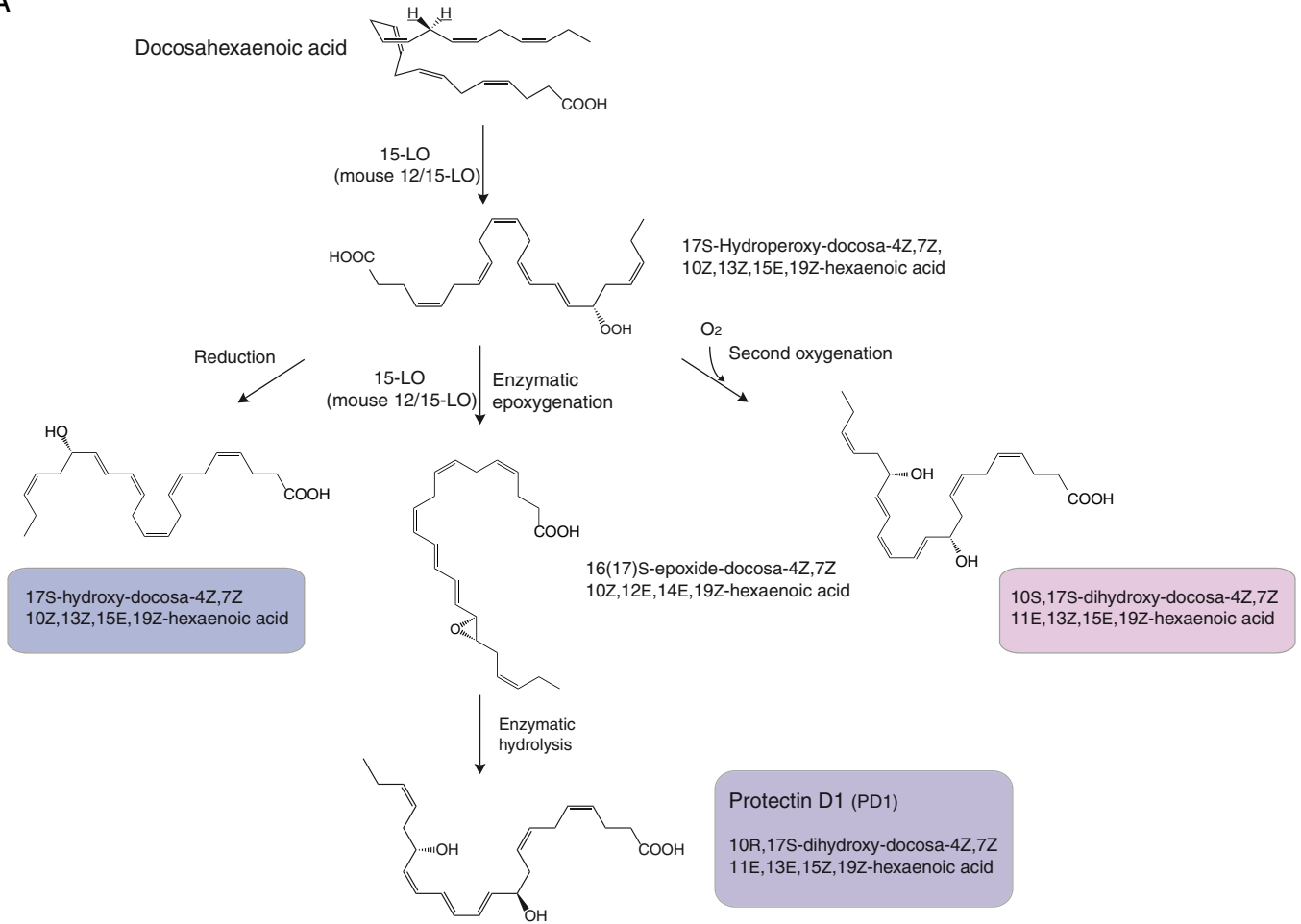
In the second single oxygenation route, the mediator coined maresin 1 (7S,14S-hydroxy-docosa-4Z,8E,10E,12Z,16Z,19Z-hexaenoic acid; MaR1) is formed via the action of human 12-lipoxygenase, an enzyme present in macrophages and platelets. DHA is first oxygenated to form a 14S-hydroperoxy-docosa-4Z,7Z,10Z,12E,16Z,19Z-hexaenoic acid intermediate that is further converted to an epoxide-containing intermediate, which is hydrolyzed to form the potent bioactive maresin 1 (Fig. 5B) [128]. The maresin biosynthetic pathway is activated in mouse and human macrophages during phagocytosis. MaR1 potently reduces neutrophil migration as well as stimulates phagocytosis by macrophages, demonstrating the hallmark actions of SPM. Additional products from 14S-hydroperoxy-docosa-hexaenoic acid were also identified, including the isomer of MaR1 double dioxygenation product 7S,14S-hydroxy-docosa-4Z,8E,10Z,12E,16Z,19Z-hexaenoic acid that proved to be less potent than either MaR1 or PD1 (Fig. 5B), as well as 4,14S-dihydroxy-docosa-5E,7Z,10Z,12Z,16Z,19Z-hexaenoic acid (Fig. 5B) and trihydroxy-containing products, and the direct reduction product of the C-14 hydroperoxide, forming the basis for an entire new family of lipid mediators termed maresins [128].

## 8. Docosapentaenoic acid-derived resolvins-like products

Another  $\omega$ -3 double-bond-containing PUFA,  $\omega$ -3 docosapentaenoic acid (DPA; 7Z,10Z,13Z,16Z,19Z-docosapentaenoic acid) has recently been found to be an efficient substrate for oxygenation by

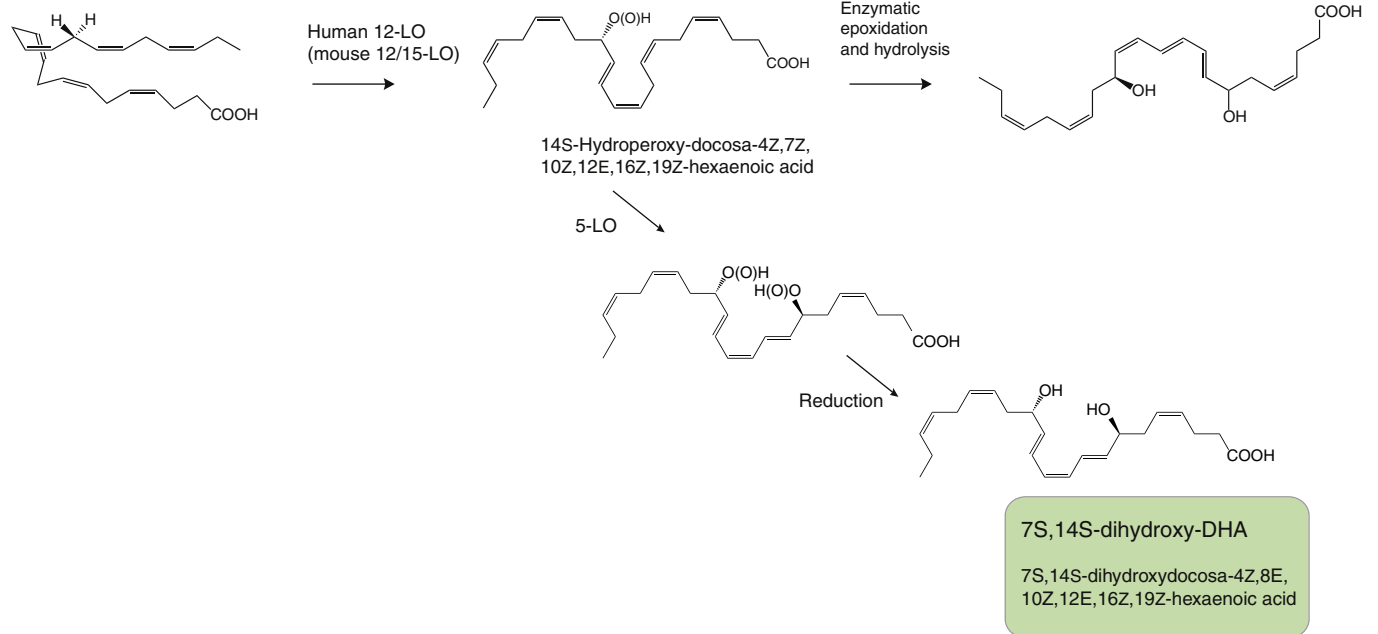


A



B

Docosahexaenoic acid



5-, 12-, and 15-lipoxygenases. A number of mono- and dihydroxy fatty acids derived from DPA were identified [129,130]. Some of these hydroxy products display structural properties akin to pro-resolving protectin D1/NPD1 derived from DHA.

Also the  $\omega$ -6 double-bond isomer docosapentaenoic acid ( $\omega$ -6 DPA; 4Z,7Z,10Z,13Z,16Z-docosapentaenoic acid) is a substrate for the formation of mono- and dihydroxylated products, such as  $\omega$ -6 17S-hydroxy-pentaenoic acid and  $\omega$ -6 10,17-dihydroxy-4Z,7Z,11E,13Z,15E-pentaenoic acid. These products, formed by the single and double oxygenation of  $\omega$ -6 DPA by soybean 15-lipoxygenase, respectively, were shown to be potent anti-inflammatory lipid mediators [130]. Omega-6 17S-hydroxy-pentaenoic acid present in blood, cardiac tissue and trachea in rat, and can be formed in human blood from  $\omega$ -6 DPA [129]. The further study of the formation and actions of these resolvins-like molecules in humans is of considerable interest since DPA is an intermediate in DHA biosynthesis.

### 9. Gauging resolution: quantitative indices

Employing a widely used murine model of self-resolving acute inflammation activated by intraperitoneal administration of zymosan A, we earlier provided a definition of the inflammatory response in a set of quantifiable indices which can be relatively easily measured experimentally (Fig. 1) [89]. A close inspection of these indices for inflammation and resolution indicated that locally administered ATLa<sub>2</sub>, a stable 15-epi-LXA<sub>4</sub> analog, potentially reduced inflammation, indicating a significant counter-regulatory role for LXA<sub>4</sub> in this particular model of inflammation. The EPA-derived lipid mediator RvE1 reduced inflammation and also activated resolution at an earlier time point. The DHA-derived lipid mediator PD1 activated an anti-inflammatory response and stimulated resolution and also accelerates resolution of the inflammatory exudate. These results revealed an important concept, namely that inflammation and resolution can be regulated separately, and, secondly, that counter-regulation of inflammation and the onset and pace of resolution appear to be independently regulated, at least to some extent [89]. A recent expansion for the use of resolution indices to gauge the inflammatory response has recently been provided by Gilroy and colleagues to allow the measurement of pro-resolving actions of treatments in a model that more closely resembles a chronic inflammatory setting [131]. Assessment of the sensitivity of an inflammatory response to pharmacological intervention and other treatments will be facilitated markedly when future studies will capture the modulation of the extent and pace of the response, including its resolution, in such quantifiable and comparative indices [90].

### 10. Specific molecular events during resolution of the inflammatory response

Recent studies indicate that distinct molecular processes are activated during the resolution phase of inflammation [89]. In addition to the cellular events which characterize resolution, such as leukocyte apoptosis, efferocytosis and egress, a parallel proteomic and mediator lipidomic study of the murine peritonitis model has indicated that distinct molecular events are also activated just prior to and during the resolution interval [89,90], which can be summarized as follows: i) lipid mediators: the biosynthesis of PD1 is activated during the resolution interval (Fig. 1). PGD<sub>2</sub> is maximal at the onset of resolution and remains high during resolution, possibly acting as a precursor for pro-resolving cyclopentenone prostaglandins [132]. ii) Proteins: A number of serum proteins extravasate and accumulate in the

inflammatory exudate following the same time course as serum albumin. In contrast, the proteins haptoglobin and S100A9 displayed a delayed accumulation which reaches maximal level just prior to the onset of resolution, and thereafter remains high during resolution. iii) All major pro-inflammatory cytokines formed during the pro-inflammatory phase decreased to low (pre-inflammation) levels; only the level of transforming growth-factor  $\beta$  increased during resolution. The time course of molecular changes determined in this model of inflammation has indicated that resolution of inflammation employs its own specific mechanisms to regulate cellular events required to return to homeostasis.

Further in-depth characterization of resolving exudates will reveal a more complete view of molecular mechanisms which operate during the resolution phase of the inflammatory response, the tissue-specificity in such regulation, and specific resolving mechanisms of inflammatory infiltrates mounted towards distinct inflammatory stimuli. Recent findings indicate that during a self-resolving inflammation of the tibio-tarsal joint in mice induced by the bacterium *Borrelia burgdorferi* marked temporal changes in levels of specific lipid mediators can be measured [133]. A comparison between a sensitive and resistant mouse strain revealed specific changes that may account for the differences in susceptibility; one important observation was the presence of PD1 and RvD1 in resistant mice [133]. These findings are of interest because this is a murine model of Lyme disease. Also, we can now appreciate the interdependence of pro-resolution lipid mediators and additional recognized endogenous counter-regulatory autacoids recently reported, such as NO and carbon monoxide [134,135].

In healthy conditions an inflammatory response will self limit or resolve completely, leading to full reconstitution of original tissue architecture and function. When inflammation is sustained due to persistent activation or defects in the resolution program described herein, a fibrogenic response may become prominent in the tissue. The fibrogenic response makes an important contribution to the overall remodeling of tissue structure and consequent loss of organ function. Sustained inflammation, cell proliferation and growth-factor responses are intimately linked to promote the fibrogenic response. Recent results indicate that LXA<sub>4</sub> also exerts important anti-fibrotic actions, thereby driving resolution towards tissue homeostasis to limit matrix deposition and remodeling of tissue [136,137]. The regulation of protein kinase activity downstream of receptor activation by several growth factors and pro-inflammatory autacoids such as leukotriene D<sub>4</sub> has been shown to be an important mechanism whereby LXA<sub>4</sub> regulates the inhibition of mitogenic responses [138–140]. Stimulation of FPR2/ALXR has recently been shown to antagonize the platelet-derived growth-factor receptor  $\beta$  (PDGFR $\beta$ )-activated receptor tyrosine phosphorylation through the recruitment of the protein tyrosine-phosphatase SHP-2 [141]. The anti-fibrotic actions of LXA<sub>4</sub> illustrate an additional manner in which an SPM directs the inflammatory response to proper resolution.

### 11. Substrate availability: mobilization for resolving exudates

The rapid changes in local blood vessel perfusion and permeability which occur during the early phase of the inflammatory response not only permit directional extravasation of circulating leukocytes and plasma proteins, but also may play an important role in the provision of substrate for SPM biosynthesis. In zymosan-stimulated peritonitis exudate levels of free unacylated  $\omega$ -3 PUFA AA, EPA, and DHA increase rapidly, reaching maximal levels around 2–4 h (Fig. 1) [89]. Systemically administered isotopically labeled  $\omega$ -3 PUFA rapidly

**Fig. 5.** A. Biosynthesis of protectins: protectin D1 (10R,17S-dihydroxy-docosa-4Z,7Z,11E,13E,15Z,19Z-hexaenoic acid), the mono-hydroxylated product 17S-hydroxy-docosa-4Z,7Z,10Z,13Z,15E,19Z-hexaenoic acid, and the double oxygenation product 10S,17S-dihydroxy-docosa-4Z,7Z,11E,13Z,15E,19Z-hexaenoic acid, an isomer of NPD1/PD1 (see text for details). B. Formation of maresins: maresin 1 (7,14S-dihydroxy-docosa-4Z,8E,10,12,16Z,19Z-hexaenoic acid); the geometry of the double bonds depicted is tentative and in progress (see text for details). Also, an isomer 7S,14S-dihydroxy-docosa-4Z,8E,10Z,12E,16Z,19Z-hexaenoic acid, a novel double dioxygenation product.

appear in the developing infiltrate of inflammation and not at the onset of resolution [142]. A close inspection indicates that SPM precursors EPA and DHA appear in the inflammatory focus with similar kinetics as the extravasation of serum proteins and before the infiltration of neutrophils. These findings point to the existence of dedicated active transport processes or mass transport together with exuding serum proteins, to effectively deliver  $\omega$ -3 PUFA to an inflamed tissue. The structural basis of the  $\omega$ -3 PUFA delivery is of special interest. Several possible candidates can be considered for their involvement, such as blood lipoprotein particles, circulating or cell-released exosomes, albumin (known to bind PUFA and the most abundant), and specific PUFA-binding proteins such as S100A9, which we identified earlier in resolving inflammatory exudates [143–145].

The circulation likely constitutes an organ which is very sensitively responding to the state of homeostasis of the various perfused organs. Specific mechanisms must be operating which signal from a perturbed tissue towards the mobilization and delivery of  $\omega$ -3 PUFA during the circulation. This does not exclude a role for reacylation of delivered PUFA (AA and  $\omega$ -3 PUFA) into phospholipids, and posterior deacylation reaction to control SPM biosynthesis during specific time intervals of the inflammatory response. In addition, it is known that a first oxygenation step of AA by 15-lipoxygenase can be performed and the 15-hydro(pero)xy-eicosatetraenoic acid can be stored in phosphatidylinositol [146]. In this way, the direct substrate for LXA<sub>4</sub> formation is effectively provided through signal-responsive deacylation reactions of a stored and singly oxygenated precursor, and presented for the required second oxygenation [146]. This can serve as a membrane priming event for SPM biosynthesis via deacylation of monohydroxy fatty acids from phospholipids. Furthermore, specific phospholipase enzymes are known to be activated at defined time intervals during the inflammatory response, some of which have specificity for long-chain PUFAs and are activated during resolution, such as type VI iPLA<sub>2</sub> which is important for LXA<sub>4</sub> biosynthesis [147]. In this regard it is noteworthy that a second increase in the exudate levels of unesterified EPA and DHA commences at the end of the resolution interval, which may be the result of increased  $\omega$ -3 PUFA deacylation (Fig. 1) [142].

## 12. Concluding remarks and further directions

The formation of endogenous autacoids derived from  $\omega$ -3 PUFA may explain in part the well-known, essential roles of the  $\omega$ -3 PUFA in human health and disease. More importantly the contribution of novel SPM to the benefits derived from dietary  $\omega$ -3 FA are beginning to be appreciated with the identification of resolvins as potent autacoids that regulate the resolution phase of the acute inflammatory response [148]. The resolution phase of inflammation has its own regulation involving specific changes in cellular activity, and employment of specific lipid mediators and proteins. The novel endogenous structures of the resolvins, protectins and maresins as a genus function in this milieu, regulating both early (neutrophil traffic) and late responses (macrophage uptake and clearance of apoptotic granulocytes). Resolution is activated and accelerated by SPM, and both experimental animal systems and unbiased resolution indices are now in place to test the activity of pharmacological resolution-directed interventions and their impact in active resolution. Further studies which aim to understand lipid mediator biosynthesis, tissue- and stimulus-specific molecular signatures of resolution are likely to provide us with new ways to control inflammation and its unwanted side effect namely tissue damage and injury.

## Conflict of interest statement

The author C.N.S. is an inventor on patents assigned to Brigham and Women's Hospital and Partners HealthCare on the composition of

matter, uses, and clinical development of anti-inflammatory and pro-resolving agents. These are licensed for clinical development. C.N.S. retains founder stock in Resolvix Pharmaceuticals.

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